

Line Up

拍数: 32 墙数: 2 级数: Beginner
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音乐: Line Up - The Catalinas



HEEL SWITCHES, HEEL, HOOK; SHUFFLE, STEP PIVOT

1& Touch right heel forward, step right beside left
2& Touch left heel forward, step left beside right
3-4 Touch right heel forward; hook right over left shin
5&6 Shuffle forward right, left, right
7-8 Step left forward; pivot ½ turn right onto right

SIDE SHUFFLE, ROCK STEP; SIDE SHUFFLE WITH ¼ TURN, ROCK STEP

9&10 Shuffle left, right, left to left side
11-12 Step right back; rock forward onto left
13&14 Shuffle right, left, right to right side turning ¼ turn left on last step
15-16 Step left back; rock forward onto right

DIAGONAL STEP SLIDES

17 Step left forward on left diagonal while keeping left knee bent & pushing right hip back
18 Slide right beside left
19 Step left forward on left diagonal while keeping left knee bent & pushing right hip back
20 Slide right beside left
21 Step left forward on left diagonal while keeping left knee bent & pushing right hip back
22 Slide right beside left
23 Step left forward on left diagonal while keeping left knee bent & pushing right hip back
24 Slide & touch right beside left

MODIFIED VINE WITH ¼ TURN SHUFFLE; SYNCOPATED HIP BUMPS

25-26 Step right to right side; step left behind right
27&28 Turn ¼ turn right while shuffling right, left, right
Variation for counts 25-28: 1 ¼ rolling turn right with shuffle
29& Step left slightly forward & bump hips left, bring hips to center
30& Bump hips left, bring hips to center
31& Bump hips left, bring hips to center
32 Bump hips left

Variation for counts 29-32: body roll or single hip bumps ending with weight on left, be creative

REPEAT