

The Lindy Stomp

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: Wasn't That a Party - Scooter Lee



KICK-BALL-CHANGE, STOMP, HOLD, KICK-BALL-CHANGE, STOMP, HOLD

1&2 Kick right foot forward, step ball of right foot in place, change weight to left foot in place
3-4 Stomp right foot forward, hold 1 beat (clapping hands!)
5&6 Kick left foot forward, step ball of left foot in place, change weight to right foot in place
7-8 Stomp left foot forward, hold 1 beat (clapping hands!)

RIGHT AND LEFT SAILOR STEPS, 1/8 TURNS WITH SWIVEL STEPS

1&2 Step right foot behind left, step left to side, step right foot in place
3&4 Step left foot behind right, step right foot to side, step left foot in place
5-6 Turning 1/8 to left, swivel right heel to right, swivel left heel to left
7-8 Turning 1/8 to left, swivel right heel to right, swivel left heel to left

SIDE TRIPLES, ROCK-STEPS (LINDY)

1&2 Step right foot to right, step left beside right, step right foot to right
3-4 Rock back on left foot. Recover on right foot
5&6 Step left foot to left, step right beside left, step left foot to left
7-8 Rock back on right foot. Recover on left foot

STEP, HOLD, 1/2 PIVOT, HOLD, STEP, HOLD, 1/2 PIVOT, HOLD

1-2 Step forward on right foot, hold 1 beat
3-4 Pivot 1/2 turn left, hold 1 beat
5-6 Step forward on right foot, hold 1 beat
7-8 Pivot 1/2 turn left, hold 1 beat

REPEAT
