

Lindy Star Shuffle

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 0 级数:
编舞者: Susan Brooks (USA)
音乐: Lucky Me, Lucky You - Lee Roy Parnell



Position: Side by side

Rock steps are only a transfer of weight, always keeping weight forward. Rock steps are done in 3rd or 5th position

STEP RIGHT, LEFT TOE SIDE, STEP LEFT, RIGHT TOE SIDE, RIGHT ACROSS, STEP LEFT, BACK RIGHT, STEP LEFT

- 1-2 Step forward right, touch left toe to left side
- 3-4 Step forward left, touch right toe to right side
- 5-6 Step right across left, step back on left in-place
- 7-8 Rock step back right, step forward left prepping for turn (extended 5th position)

SIDE SHUFFLE RIGHT, BACK LEFT, ROCK RIGHT, SIDE SHUFFLE LEFT, BACK RIGHT, ROCK LEFT (LINDY BASIC)

(Release left hands, pick up behind man.)

- 1&2 Face ¼ turn left and side shuffle right (facing center)
- 3-4 Rock step left behind right (3rd position), rock forward onto right in-place
- 5&6 Side shuffle left
- 7-8 Rock step right behind left (3rd position), rock forward onto left in-place

SIDE SHUFFLE RIGHT, BACK LEFT, ROCK RIGHT, SHUFFLE LEFT, STEP RIGHT, ½ LEFT (Release right hands, resume in left side by side position)

- 1&2 Face ¼ turn left and side shuffle right (facing RLOD)
- 3-4 Rock step left behind right (3rd position), rock forward onto right in-place
- 5&6 Shuffle forward left
- 7-8 Step forward right, pivot ½ turn left shifting weight to left (facing LOD)

SHUFFLE RIGHT, STEP LEFT, STEP RIGHT, SHUFFLE LEFT, STEP RIGHT, STEP LEFT

- 25&26 Shuffle forward right
- 27-23 Step forward left, step forward right
- 29&30 Shuffle forward left
- 31&32 Step forward right, step forward left

SIDE SHUFFLE RIGHT, BACK LEFT, ROCK RIGHT, SIDE SHUFFLE LEFT, BACK RIGHT, ROCK LEFT (LINDY BASIC)

- 1&2 Side shuffle right
- 3-4 Rock step left behind right (3rd position), rock forward onto right in-place
- 5&6 Side shuffle left
- 7-8 Rock step right behind left (3rd position), rock forward onto left in-place

REPEAT