

Bahama Jive (aka Lindy Jive)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver
编舞者: Virginia W. F. Tsui (CAN)
音乐: Bahama Mama - Boney M.



BACK ROCK, RIGHT SIDE SHUFFLE, LEFT SIDE SHUFFLE, BACK ROCK

1-2 Rock right behind left, recover weight on left
3&4 Step right to right, step left together, step right to right
5&6 Step left to left, step right together, step left to left
7-8 Rock right behind left, recover weight on left

TOUCH RIGHT TOE HEEL TWICE, CROSS STEP, TOUCH LEFT TOE HEEL, CROSS STEP

1-2 Touch right toe, touch right heel forward diagonal (turning body slightly left, right)
3-4 Repeat 1- 2 count
5 Step right cross over left
6-7 Touch left toe, touch left heel forward diagonal (turning body slightly right, left)
8 Step left cross over right

BOUNCE X 4, TURN RIGHT ½, TOUCH LEFT TOE HEEL, CROSS STEP, HOLD

1-2-3-4 Making ½ turn right as you bounce both heels 4 times
5-6 Touch left toe, touch left heel forward diagonal (turning body slightly right, left)
7-8 Step left cross over right, hold

SIDE STEP, TOUCH, LEFT SIDE SHUFFLE, CROSS ROCK, TURN RIGHT ¼, RIGHT SIDE SHUFFLE

1-2 Step right to right side, touch left beside right
3&4 Step left to left, step right together, step left to left
5-6 Cross rock right over left, recover weight on left making ¼ turn right
7&8 Step right to right, step left together, step right to right

LEFT FORWARD, BACK TOUCH, STEP BACK, HOOK, LEFT FORWARD SHUFFLE, STEP RIGHT FORWARD, ½ LEFT PIVOT TURN

1-2 Step left forward, touch right toe behind left
3-4 Step back on right, hooking left foot over right leg
5&6 Step left forward, step right together, step left forward
7-8 Step right forward, pivot ½ left onto left

PRESS ROCK TWICE, SIDE TOUCH, HOLD, PIVOT TURN ½, SIDE TOUCH, HOLD

1-2 Press right cross rock over left, recover weight on left
3-4 Repeat 1-2 count
5-6 Touch right to right side, hold and clap hands
7-8 Turn right ½ touch left to left side, hold and clap hands (change weight back on left)

REPEAT
