

Lindy Jive

拍数: 40 墙数: 0 级数:
编舞者: Cliann Stevens
音乐: T-Bone Shuffle - Boz Scaggs



SHUFFLE RIGHT, ROCK RECOVER, SHUFFLE LEFT, ROCK RECOVER, SHUFFLE RIGHT, ROCK RECOVER, SHUFFLE LEFT WITH ¼ TURN, ROCK RECOVER

- 1&2 Step right foot to right, step left next to right, step right foot to right
- 3-4 Rock back on left foot, recover in place on right foot
- 5&6-7-8 Repeat same pattern to the left
- 1&2-3-4 Repeat same pattern to the right
- 5&6 Repeat pattern to the left making ¼ turn right on the shuffle (facing 3:00:00)
- 7-8 Rock back with right foot, recover in place with left foot

KICK BALL CHANGE 3 X

- 1&2 Kick right foot forward, step on right foot, change weight to left foot
- 3&4 Repeat
- 5&6 Repeat

Moving back slightly

STOMP, TOUCH, STROLL, ¼ TURN LEFT, TOUCH

- 7-8 Stomp right foot, touch left foot beside right foot
- 1-2-3-4 Step forward on left foot, cross right foot behind left foot, step forward on left foot and turn ¼ left.(now facing (old) touch right foot next to left

VINE RIGHT, TOUCH

- 5-6-7-8 Step right foot to right side, cross left foot behind right, step right to side, touch left foot beside right foot

OUT, OUT - IN, IN CROSS, TURN ¼ LEFT HOLD

- &1&2 Step left foot to left side, right foot to right side (feet are shoulder width apart), step left foot in, next to right foot, cross right foot in front of left foot
- 3-4 Turn ¼ left on count 3, hold 4th count

SWIVEL, SKATE RIGHT, LEFT, RIGHT, LEFT

- 5 Touch right toe beside left foot, turn body to the right, roll knee to right and step on right foot (travel forward)
- 6-7-8 Repeat left, right, left

REPEAT
