

Linda Lou

COPPERKNOB
STEPSHETS

拍数: 64 墙数: 0 级数:
编舞者: Cindi Talbot (CAN)
音乐: Linda Lou - The Tractors



For this dance to be phrased with the music properly, the last 16 counts should be dropped on the fourth repetition only.

STOMPS, KICK-BALL-CHANGES, STEPS

1 With weight on left, stomp right
2&3 Right kick-ball-change, moving forward
4 Step right forward
5 Keeping weight on right stomp left
6&7 Left kick-ball change, moving forward
8 Step left forward

SLOW PENDULUM, QUICK TURNING PENDULUM

1 Touch right toe out to right
2 Hold
&3 Quickly step right, touch left toe out to left
4 Hold
&5 Quickly step left, making 1\4 turn left, touch right toe right
&6 Quickly step right, touch left toe left
&7 Quickly step left, making 1\4 turn left, touch right toe right
8 Hold

1-16 Repeat first 16 counts

RIGHT SYNCOPATED VINE

1-2 Step right, step left behind right
&3 Quickly step right, step left across right
&4 Quickly step right, step left behind right
5-6 Step right to right, step left across right
7&8 Shuffle right-left-right

LEFT SYNCOPATED VINE

1-2 Step left, step right behind left
&3 Quickly step left, step right across left
&4 Quickly step left, step right behind left
5-6 Step left to left, step right across left
7&8 Shuffle left-right-left

RUNS FORWARD, SHUFFLES BACK

1-4 Run forward right left right left
5&6 Shuffle back right-left-right
7&8 Shuffle back left-right-left

1-8 Repeat last 8 counts

REPEAT

