

Limbo Lady

COPPER **KNOB**
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Tim Gauci (AUS)
音乐: Limbo Lady - The Dean Brothers



WALK FORWARD RIGHT-LEFT, MAMBO FORWARD, STEP BACK LEFT-RIGHT, MAMBO BACK

1-2-3&4 Step forward right-left, step right forward, replace weight on left (&), step right back
5-6-7&8 Step back left-right, step left back, replace weight on right (&), step left forward

SAMBA RIGHT, LEFT, STEP ½ PIVOT, SHUFFLE FORWARD RIGHT-LEFT-RIGHT

9&10-11&12 Step right to right, replace weight on left, step right over left, step left to left, replace weight on right, step left over right
13-14-15&16 Step right forward, pivot ½ to left, shuffle forward right-left-right

FORWARD TOUCH, BACK TOUCH, REPEAT

17-18-19-20 Step left forward 45 degrees left, touch right next to left, step right back 45 degrees right, touch left next to right
21-22-23-24 Step left forward 45 degrees left, touch right next to left, step right back 45 degrees right, touch left next to right

FULL TURN LEFT, FULL TURN RIGHT

25-26-27-28 Stepping left-right-left make a full turn to left, touch right next to left (& clap)
29-30-31-32 Stepping right-left-right make a full turn to right, touch left next to right (& clap)

LIMBO TO LEFT, LIMBO TO RIGHT

33-34-35-36 Take a big step to the left, shake shoulders (shimmy) for 2, touch right next to left (double clap)
37-38-39-40 Take a big step to the right, shake shoulders (shimmy) for 2, touch left next to right (double clap)

FORWARD COASTER TURNING ¼ TO LEFT, COASTER STEP, REPEAT

41&42-43&44 Step left forward turning ¼ to left, step right together (&), step left back, step right back, step left together (&), step right forward
45&46-47&48 Step left forward turning ¼ to left, step right together (&), step left back, step right back, step left together (&), step right forward

FORWARD ROCK (SHIMMY UP), SHUFFLE BACK, ROCK BACK (SHIMMY DOWN), SHUFFLE FORWARD

49-50-51&52 Step left forward, replace weight on right (shimmy shoulders up), shuffle back left-right-left
52-54-55&56 Step right back, replace weight on left (shimmy shoulders down), shuffle forward right-left-right

PIVOT ¼ RIGHT, SAMBA CROSS LEFT-RIGHT-LEFT

57-58-59&60 Step left forward, pivot ¼ to right, cross left over right, step right to right (&), replace weight on left
61&62-63&64 Cross right over left, step left to left (&), replace weight on right, cross left over right, step right to right (&), replace weight on left

REPEAT

TAG

At the end of wall 1 add the following steps (shake those hips and roll those arms).

1-2-3&4 Step right forward, replace weight on left, cha-cha on the spot right, left, right
5-6-7&8 Step left back, replace weight on right, cha-cha on the spot left, right, left

1-2-3&4 Step right to right, replace weight on left, cha-cha on the spot right, left, right
5-6-7&8 Step left to left, replace weight on right, cha-cha on the spot left, right, left
At the end of walls 2 and 5 the following steps (shake those hips more)
1-2-3&4 Step right forward, replace weight on left, cha-cha on the spot right, left, right
5-6-7&8 Step left back, replace weight on right, cha-cha on the spot left, right, left
1-2-3&4 Step right to right, replace weight on left, cha-cha on the spot right, left, right
5-6-7&8 Step left to left, replace weight on right, cha-cha on the spot left, right, left
1-2-3&4 Step right to right, step left behind right, cha-cha on the spot right, left, right
5-8 Step left forward, pivot ½ to right, step left forward, pivot ½ to right
1-2-3&4 Step left to left, step right behind left, cha-cha on the spot left, right, left
5-8 Step right forward, pivot ½ to left, step right forward, pivot ½ to left

RESTART

At the end of wall 4 replace beats 63 & 64 with

63&64 Cross left over, step right to right, touch left next to right

Restart dance from the limbo steps
