

# Limbo Lady

**COPPER** **NOB**  
BY STEPHEN

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Tim Gauci (AUS)  
音乐: Limbo Lady - The Dean Brothers



## WALK FORWARD RIGHT-LEFT, MAMBO FORWARD, STEP BACK LEFT-RIGHT, MAMBO BACK

1-2-3&4      Step forward right-left, step right forward, replace weight on left (&), step right back  
5-6-7&8      Step back left-right, step left back, replace weight on right (&), step left forward

## SAMBA RIGHT, LEFT, STEP ½ PIVOT, SHUFFLE FORWARD RIGHT-LEFT-RIGHT

9&10-11&12      Step right to right, replace weight on left, step right over left, step left to left, replace weight on right, step left over right  
13-14-15&16      Step right forward, pivot ½ to left, shuffle forward right-left-right

## FORWARD TOUCH, BACK TOUCH, REPEAT

17-18-19-20      Step left forward 45 degrees left, touch right next to left, step right back 45 degrees right, touch left next to right  
21-22-23-24      Step left forward 45 degrees left, touch right next to left, step right back 45 degrees right, touch left next to right

## FULL TURN LEFT, FULL TURN RIGHT

25-26-27-28      Stepping left-right-left make a full turn to left, touch right next to left (& clap)  
29-30-31-32      Stepping right-left-right make a full turn to right, touch left next to right (& clap)

## LIMBO TO LEFT, LIMBO TO RIGHT

33-34-35-36      Take a big step to the left, shake shoulders (shimmy) for 2, touch right next to left (double clap)  
37-38-39-40      Take a big step to the right, shake shoulders (shimmy) for 2, touch left next to right (double clap)

## FORWARD COASTER TURNING ¼ TO LEFT, COASTER STEP, REPEAT

41&42-43&44      Step left forward turning ¼ to left, step right together (&), step left back, step right back, step left together (&), step right forward  
45&46-47&48      Step left forward turning ¼ to left, step right together (&), step left back, step right back, step left together (&), step right forward

## FORWARD ROCK (SHIMMY UP), SHUFFLE BACK, ROCK BACK (SHIMMY DOWN), SHUFFLE FORWARD

49-50-51&52      Step left forward, replace weight on right (shimmy shoulders up), shuffle back left-right-left  
52-54-55&56      Step right back, replace weight on left (shimmy shoulders down), shuffle forward right-left-right

## PIVOT ¼ RIGHT, SAMBA CROSS LEFT-RIGHT-LEFT

57-58-59&60      Step left forward, pivot ¼ to right, cross left over right, step right to right (&), replace weight on left  
61&62-63&64      Cross right over left, step left to left (&), replace weight on right, cross left over right, step right to right (&), replace weight on left

## REPEAT

## TAG

At the end of wall 1 add the following steps (shake those hips and roll those arms).

1-2-3&4      Step right forward, replace weight on left, cha-cha on the spot right, left, right  
5-6-7&8      Step left back, replace weight on right, cha-cha on the spot left, right, left

1-2-3&4 Step right to right, replace weight on left, cha-cha on the spot right, left, right  
5-6-7&8 Step left to left, replace weight on right, cha-cha on the spot left, right, left  
**At the end of walls 2 and 5 the following steps (shake those hips more)**  
1-2-3&4 Step right forward, replace weight on left, cha-cha on the spot right, left, right  
5-6-7&8 Step left back, replace weight on right, cha-cha on the spot left, right, left  
1-2-3&4 Step right to right, replace weight on left, cha-cha on the spot right, left, right  
5-6-7&8 Step left to left, replace weight on right, cha-cha on the spot left, right, left  
1-2-3&4 Step right to right, step left behind right, cha-cha on the spot right, left, right  
5-8 Step left forward, pivot ½ to right, step left forward, pivot ½ to right  
1-2-3&4 Step left to left, step right behind left, cha-cha on the spot left, right, left  
5-8 Step right forward, pivot ½ to left, step right forward, pivot ½ to left

## **RESTART**

**At the end of wall 4 replace beats 63 & 64 with**

63&64 Cross left over, step right to right, touch left next to right

**Restart dance from the limbo steps**

---