

Limbo Lady

拍数: 32 墙数: 4 级数: Beginner
编舞者: Virginia Tsui (CAN)
音乐: Limbo Lady - The Dean Brothers



STEP FORWARD, TOUCH TOGETHER & CLAP, STEP BACK, TOUCH TOGETHER & CLAP

- 1-2 Step left foot forward (facing the body to right diagonally), touch right toe next to left foot & clap hands
3-4 Step right foot backward (facing the body to the original wall), touch left toe next to right foot & clap hands

STEP BACK, TOUCH TOGETHER & CLAP, STEP FORWARD, TOUCH TOGETHER & CLAP

- 5-6 Step left foot backward (facing the body to left diagonally), touch right toe next to left foot & clap hands
7-8 Step right foot forward (facing the body to the original wall), touch left toe next to right foot & clap hands

SIDE LEFT, TOGETHER, SIDE LEFT, KICK

- 9-10 Step left foot to left side, step right foot next to left foot
11-12 Step left foot to left side, kick right foot forward diagonal to left

SIDE RIGHT, TOGETHER, SIDE RIGHT, KICK

- 13-14 Step right foot to right side, step left foot next to right foot
15-16 Step right foot to right side, kick left foot forward diagonal to right

SHUFFLE FORWARD, PADDLE LEFT TURN 1/8 TWICE

- 17&18 Step left foot forward, step right foot next to left foot, step left foot forward
&19 Touch right toe to side right, weight on left foot & turn 1/8 left
&20 Touch right toe to side right, weight on left foot & turn 1/8 left

SAILOR FORWARD

- 21&22 Step right foot cross over left foot, touch left toe to side left, touch right toe in place
23&24 Step left foot cross over right foot, touch right toe to side right, touch left toe in place

SAILOR BACKWARD

- 25&26 Step right foot cross behind left foot, touch left toe to side left, touch right toe in place
27&28 Step left foot cross behind right foot, touch right toe to side right, touch left toe in place

While doing sailor forward or sailor backward, use touch step movement as same as samba step

ROCK FORWARD, TURN ½ RIGHT, SHUFFLE FORWARD

- 29-30 Step right foot forward, rock left foot in place & turn a ½ turn right
31&32 Step right foot forward, step left foot next to right foot, step right foot forward

REPEAT
