

Like I Do

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate hip hop
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音乐: I Do (808 Remix) - Blaque



MOVE SHOULDERS DOWN, UP, DOWN KICK TWICE, STEP BACK LEFT, FORWARD, RIGHT HEEL, STEP BACK RIGHT, FORWARD LEFT HEEL

1&2 Bend both knees slightly forward, straighten left leg hitch right, kick right to right side
Drop right shoulder down punch right arm straight to right side towards the floor (1) drop left shoulder down punch left arm straight to left side towards the floor (&) drop right shoulder down punch right arm straight to right side towards the floor (2) see-saw movements

3&4 Bend both knees slightly forward, straighten right leg hitch left, kick left to left side
Attitude same as 1&2 dropping left shoulder first

5-6 Step left back bending left knee slightly, step forward right heel diagonally to right
Bend arms press both palms facing down in front of chest (5) bring both palms up to chest level (6)

7-8 Step right back bending right knee slightly, step forward left heel diagonally to left (arms attitude same as 5-6)

¼ TURN LEFT, BEHIND, RIGHT MAMBO STEP, STEP RIGHT, BEHIND, ½ TURN LEFT, ¼ TURN RIGHT

1-2 ¼ turn left step left to left side, touch right behind left

3&4 Step right to right side, recover weight back unto left, step right beside left

5-6 Step right to right side, touch left behind right

7-8 ½ turn left twisting both heels to right side, ¼ turn right twisting both heels to left side

FORWARD SHUFFLE, BEHIND, UNWIND ¾ TURN LEFT, STEP, LOOK RIGHT, LEFT, RIGHT

1-2& Step right forward diagonally right, lock step left behind right, step right forward

3-4 Touch left behind right, unwind ¾ left over left shoulder

5-8 Step right to right side, swinging head to right looking right, left, then right

Rocking baby with both hands, palms facing up following head movements at chest level on counts 6-8

STEP, TOGETHER, ¼ TURN LEFT, HITCH, HOLD, HITCH, ¼ TURN LEFT, STEP

1-2 Step left to left side with shoulder roll right to left, step right beside left

3-4 ¼ turn left with two counter to the right knees rolls

5&6 Hitch right beside left knee, hold, step right forward

7&8 Hitch right beside left knee, ¼ turn left, step right to right side

REPEAT