

Like A Prayer

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Wesley Cowie (UK)
音乐: Like A Prayer (Main Mix) - Mad'House



Start on the heavy beat on second 24

RIGHT ROCK, CROSSING SHUFFLE, LEFT ROCK, CROSSING SHUFFLE

1-2 Rock right foot to right side, recover weight onto left foot
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left foot to left side, recover weight onto right foot
7&8 Cross left over right, step right to right side, cross left over right

¾ TURN LEFT, CHASSE RIGHT, ROCK BACK, KICK BALL STEP

1 Turn ¼ left on ball of left foot, stepping back right foot
2 Turn ½ left on ball of right foot, stepping forward left
3&4 Step right to right side, close left beside right, step right to right side
5-6 Rock back on left foot, recover weight onto right foot
7&8 Kick left forward, step left beside right, step forward on right

Counts 5-8 are slightly diagonally left

CHASSE LEFT, ROCK BACK, KICK BALL CROSS, KICK BALL CROSS

1&2 Step left to left side, close right beside left, step left to left side
3-4 Rock back on right foot, recover weight on left foot
5&6 Kick right forward, step right beside left, cross left over right
7&8 Kick right forward, step right beside left, cross left over right

Counts 3-8 are slightly diagonally right

RIGHT ROCK, SAILOR STEP, SAILOR ¼ TURN LEFT, SHUFFLE FORWARD

1-2 Rock right to right side, recover weight onto left foot
3&4 Cross right behind left, step left to left side, step right to place
5&6 Cross left behind right, step right ¼ turn left, step forward on left
7&8 Step forward right, close left beside right, step forward right

FULL TURN FORWARD, LEFT SHUFFLE, PIVOT ½ TURN, RIGHT SHUFFLE

&1 On ball of right make ½ turn right stepping back left
2 On ball of left make ½ turn right stepping forward on right
3&4 Step forward left foot, close right foot beside left foot, step forward left foot
5-6 Step forward right, pivot ½ turn left
7&8 Step forward right, close left beside right, step forward right

FULL TURN FORWARD, LEFT SHUFFLE, PIVOT ½ TURN, RIGHT SHUFFLE

&1 On ball of right make ½ turn right stepping back left
2 On ball of left make ½ turn right stepping forward on right
3&4 Step forward left foot, close right foot beside left foot, step forward left foot
5-6 Step forward right, pivot ½ turn left
7&8 Step forward right, close left beside right, step forward right

ROCK, STEP, SAILOR CROSS, MONTEREY ½ TURN RIGHT

1-2 Rock left foot to left side, step right foot in place
3&4 Cross left behind right, step right to right side, cross left in front of right
5-6 Point right to right side, on ball of left make ½ turn right, stepping right beside left

7-8 Touch left to left side, step left beside right

RIGHT CHASSE, ROCK BACK, LEFT CHASSE, ROCK BACK

1&2 Step right foot to right side, close left foot beside right foot, step right foot to right side

3-4 Rock back on left foot, recover weight onto right foot

5&6 Step left foot to left side, close right foot beside left foot, step left foot to left side

7-8 Rock back on right foot, recover weight on left foot

REPEAT
