

Lightning Works

COPPERKNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate/Advanced
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音乐: Lightning Does the Work - Chad Brock



BEHIND-SIDE-IN FRONT-KICK TWICE / BEHIND-SIDE-IN FRONT-KICK TWICE

1&2 Step right behind left, step left to left, step right across left (weight on right)
3-4 Kick left foot forward diagonal, kick left foot forward diagonal
5&6 Step left behind right, step right to right, step left across right (weight on left)
7-8 Kick right foot forward diagonal, kick right foot forward diagonal

COASTER STEP-STOMP-TOUCH LEFT SIDE-TOUCH CLOSE

1&2 Step right back, step left back to meet right, step right forward
3&4 Stomp left next to right, touch left toe to left side, touch left toe next to right

COASTER STEP-STOMP-TOUCH RIGHT SIDE-TOUCH CLOSE

5&6 Step left foot back, step right back to meet left, step left forward
7&8 Stomp right next to left, touch right toe to right side, touch right toe next to left

HEEL&HEEL&TOUCH-TURN 1/8-TURN 1/8-SAILOR-SCUFF HITCH STOMP

1& Touch right heel forward, step right next to left
2& Touch left heel forward, step left next to right
3&4 Touch right toe forward, pivot 1/8 turn left, pivot 1/8 turn left (weight right)
5&6 Step left behind right, step right to right, step left to left
7&8 Scuff right foot forward, hitch right knee, stomp right foot forward

TAP-TAP-TAP-SCUFF HITCH STOMP-TAP-TAP-TAP-HEELS OUT IN OUT

1&2 Tap right toes 3 times fanning toes to right (weight on right on last tap)
3&4 Scuff left foot forward, hitch left knee, stomp left forward
5&6 Tap left toes 3 times fanning toes to left (weight on left on last tap)
7&8 Pivot on balls on both feet, both heels out, pivot both heels in, pivot both heels out (weight on left)

TRIPLE-MAMBO-KICK ¼ TURN RIGHT -COASTER ¼ TURN RIGHT

1&2 Step right foot forward, step left forward to meet right, step right forward
3&4 Rock forward on left foot, recover rocking back on to right, step left back next to right (weight on left)
5&6 Kick right foot forward, step right back to right making ¼ turn right, step left next to right
7&8 Swing right back making ¼ turn right, step left next to right, step right foot forward

WALK-WALK-SIDE BALL CROSS-STOMP/HOLD&HEEL/HOLD

1-2 Walk forward on left, walk forward on right
3&4 Rock left to left side, rock weight back to right, step left across right (weight on left)
5-6 Stomp right forward diagonal (hands thrown forward palms down, leaning slightly forward), hold
&7&8 Bring left to meet (weight on left), touch right heel forward (leaning back), hold/clap, clap

REPEAT