

Lightnin' Strikes (A Good Man) (P)

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Shirley Springett (UK) & Dave Springett (UK)
音乐: Lightnin' Strikes A Good Man - Lacy J. Dalton



Position: Right Side By Side Position (Sweetheart)

- 1-4 Step forward on right. Tap left toe behind right heel. Left shuffle backwards
5-8 Step & rock back on right. Tap left toe in front of right. Left shuffle forward
- 9-10 Step diagonally forward on right & thrust hips to right. Angle body left. Hold for one beat
11-12 Step diagonally forward on left & thrust hips to left. Angle body right.. Hold for one beat
13-16 Right shuffle forward, left shuffle forward
- 17 Step forward on right. Drop right hands & raise left
18-19&20 Pivot ½ turn to the left & rejoin hands. Right shuffle forward
21 Step forward on left. Drop left hands & raise right
22-23&24 Pivot ½ turn to the right & rejoin hands. Left shuffle forward
- Angle body slightly left & travel diagonally forward to right**
25-26 Step right to the side. Cross left behind right
27-28 Step right to the side. Brush left forward
- Angle body slightly right & travel diagonally forward to left**
29-30 Step left to the side. Cross right foot behind left
31-32 Step left to the side. Brush right forward
- Drop left hands & pass right over lady's head. Rejoin both hands at hip level, lady behind man**
33-36 Making ¼ turn to left, step down on right & bump hips right twice. Bump hips to left twice
- Drop left hands & pass right over lady's head. Rejoin both hands over lady's shoulders, man behind lady**
37-40 Step in place on right, left, right, making ½ turn to right, brush left forward
- 41-44 Step left to the side & bump hips to the left twice. Bump hips to the right twice
45-48 Step left to the side. Cross right behind left, step left to the side making ¼ turn to the left.
Brush right forward

Variation: on last four counts, lady can make a full turn to left raise hands & man's hands cup around the lady's hands as she turns

REPEAT