

Lightnin' Jack

COPPERKNOB
BY STEPHEN

拍数: 66 墙数: 4 级数: Advanced
编舞者: William Sevone (UK)
音乐: Lil' Jack Slade - The Chicks



2X 'T' STOMP-HEEL TOUCH-SAILOR STEP, (12:00)

1-2 Stomp right foot across front of left ('T'), turn right leg to face 3:00 and touch heel forward
3&4 Cross step right foot behind left, step left foot to left side, step right foot to right side
5-6 Stomp left foot across front of right ('T'), turn left leg to face 9:00 and touch heel forward
7&8 Cross step left foot behind right, step right foot to right side, step left foot to left side

CROSS STEP, UNWIND ½ LEFT, 3X BACKWARD SHUFFLE WITH EXPRESSION, (6:00)

9-10 Cross step right foot over left, unwind ½ left (weight on right foot)
11&12 (Body turned left) step backward onto left foot, close right foot next to left, step backward onto left foot
13&14 (Body turned right) step backward onto right foot, close left foot next to right, step backward onto right foot
15&16 (Body turned left) step backward onto left foot, close right foot next to left, step backward onto left foot

HEEL SWITCH, 2X CLAP, 2X STOMP, SCUFF FORWARD, SCUFF BACKWARD, (6:00)

&17&18 Step backward onto right foot, touch left heel forward, step left foot next to right, touch right heel forward
19-20 Clap hands (head height), repeat clap
21-22 Stomp right foot next to left, repeat stomp
23-24 Scuff right foot forward, scuff right foot backward across front of left

3X FORWARD SHUFFLE WITH EXPRESSION, 2X STOMP, (6:00)

25&26 (Turn body left) step forward onto right foot, close left foot next to right, step forward onto right foot
27&28 (Turn body right) step forward onto left foot, close right foot next to left step forward onto left foot
29&30 (Turn body left) step forward onto right foot, close left foot next to right, step forward onto right foot
31-32 Stomp left foot next to right, repeat stomp

8X KNEE POP WITH EXPRESSION, (6:00)

33-34 Pop left knee across right leg, (straightening left leg) pop right knee across left leg
35-36 (Straighten right knee &) pop left knee across right leg, (straighten left leg &) pop right knee across left leg
37-38 (Straighten right knee &) pop left knee across right leg, (straighten left leg &) pop right knee across left leg
39-40 (Straighten right knee &) pop left knee across right leg, (straighten left leg &) pop right knee across left leg

On counts 33 - 40, swinging your arms and hips will add an extra bit of 'ummph' to this section

2X ½ RIGHT SIDE STEP, SAILOR STEP, 2X ½ LEFT SIDE STEP, SAILOR STEP, (6:00)

41-42 Turn ½ left & step right foot to right side, turn ½ right & step left foot to left side
43&44 Cross step right foot behind left, step left foot to left side, step right foot to right side
45-46 Turn ½ left & step left foot to left side, turn ½ left & step right foot to right side
47&48 Cross step left foot behind right, step right foot to right side, step left foot to left side

Easier option

COASTER, 2X STAMP & CLAP, COASTER, 2X STAMP & CLAP

- 41&42 Step backward onto right foot, step left foot next to right, step right foot forward
43-44 Stamp & clap left foot next to right, repeat stamp & clap
45&46 Step backward onto left foot, step right foot next to left, step forward onto left foot
47-48 Stamp & clap right foot next to left, repeat stamp & clap

HOOK BEHIND & SLAP, SIDE STEP, HOOK BEHIND & SLAP, ¼ LEFT STEP FORWARD, HOOK ACROSS & SLAP, HOOK SIDE & SLAP, ¼ LEFT SIDE STEP, SYNCOPATED WEAVE, SCUFF FORWARD, (12:00)

- 49-50 Hook right foot behind left leg & touch heel with left hand, step right foot to right side
51-52 Hook left foot behind right leg & touch heel with right hand, turn ¼ left & step forward onto left foot
53-54 Hook right foot across front of left leg & touch heel with left hand, swing right foot to right side & touch heel with right hand,
55-56 Turn ¼ left & step right foot to right side, cross step left foot behind right
&57-58 Step right foot next to left, cross step left foot over right, scuff right foot forward

CROSS STEP, UNWIND ¾ LEFT, BACKWARD SHUFFLE, ¼ RIGHT SIDE ROCK, ROCK, STEP BEHIND, SIDE STEP, (6:00)

- 59-60 Cross step right foot over left, unwind ¾ left (weight on right foot)
61&62 Step backward onto left foot, close right foot next to left, step backward onto left foot
63-64 Turn ¼ right & rock right foot to right side, rock onto left foot
65-66 Cross step right foot behind left, step left foot to left side

REPEAT

DANCE FINISH

After count 40 on wall 5 (facing 6:00) do the following:

- 41-42 Turn ½ right & step right foot to right side, step left foot next to right with left hand on hat brim and right hand behind back
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