

Life's Highway

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: DJ Dan (NL) & Wynette Miller (NL)
音乐: Life's Highway - Catherine Britt



LEFT MAMBO FORWARD; RIGHT MAMBO BACK

1-4 Rock left forward, recover weight onto right, step left next to right, hold
5-8 Rock right back, recover weight onto left, step right next to left, hold

RUMBA BOX

1-4 Step left to left side, step right next to left, step left forward, hold
5-8 Step right to right side, step left next to right, step right back, hold

LOCK STEPS BACK LEFT & RIGHT

1-4 Step left back, lock right over left, step left back, hold
5-8 Step right back, lock left over right, step right back, hold

LEFT COASTER STEP; RIGHT SHUFFLE FORWARD

1-4 Step left back, step right next to left, step left forward, hold
5-8 Step right forward, step left together, step right forward, hold

STEP-¼ TURN-CROSS, CHASSE RIGHT

1-4 Step left forward, pivot ¼ turn right, cross left over right, hold (3:00)
5-8 Step right to right side, step left next to right, step right to right side, hold

BEHIND-SIDE-CROSS; SIDE-TOGETHER-BACK

1-4 Cross left behind right, step right to right side, cross left over right, hold
5-8 Step right to right side, step left next to right, step right back, hold

SIDE-TOGETHER-FORWARD; RIGHT LOCK STEP FORWARD

1-4 Step left to left side, step right next to left, step left forward, hold
5-8 Step right forward, lock left behind right, step right forward, hold

LEFT LOCK STEP FORWARD; STEP-½ TURN-STEP

1-4 Step left forward, lock right behind left, step left forward, hold
5-8 Step right forward, pivot ½ turn left, step right forward, hold (9:00)

REPEAT
