

# Life's Essentials

COPPER KNOB  
BY STEPHEN BRETZ

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Kevin Smith (AUS) & Maria Smith (AUS)  
音乐: Food, Water, Shelter, Love - Adam Brand



## CROSS, STEP, BEHIND, & HEEL, & FORWARD, DOROTHY, ½ PIVOT

1-2-3&4      Cross/step right over left, step left to side, step right behind left, step left to side, right heel forward right diagonal  
&      Step right next to left (moving towards right diagonal)  
5-6&7      Step left forward, lock right behind left, step left forward, step forward right (Dorothy step)  
8      ½ pivot turn left (still a diagonal facing approx 8:00)

## ½ SHUFFLE TURN, STEP BACK, CROSS, & ½ TURN, STEP FORWARD, FULL TURN

1&2-3-4      ½ shuffle turn left stepping right-left-right (facing front), step back left, step right across left  
&5-6      Step back left, ½ turn right step forward right, step forward left  
7&8      Full turn back over right shoulder step right-left-right

## & SPLIT STEP, & SPLIT STEP, & OUT, & STEP FORWARD, ¾ TURN, STEP RIGHT-LEFT

&1-2      Take weight left, big step back right, drag left to right take weight left  
&3-4      Take weight right, big step back left, drag right to left touch right next to left  
&5&6      Step right to side, step left to side, & step right to center, step forward left  
7-8      ¾ turn left step forward right-left

## ROCK, RETURN, 1 ¼ TURN, ¾ TURN, STEP & OUT FORWARD, & OUT BACK

1-2-3&4      Rock/step right over left, return weight left, 1 ¼ cha-cha turn right stepping right-left-right  
**Alternate step: rock, return ¼ turn right shuffle forward**  
5-6      Step forward left, right, ¾ turning right  
&7      Step forward left, step out to side right  
&8      Step back left, step back right to side  
&      Take weight on left

## REPEAT

## TAG

End of wall 6 (facing back wall finish count 32 crossing right over left)

1-2-3-4&      Tap right heel 4 times, & lift right foot off floor to start dance

## Finish

You will be facing front wall at rock right over left, take weight left, 1 ¼ cha-cha turn right, turn 1 ¾ turn right stepping right-left-right-left