

# Life's A Beach

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Graham Gee (UK)  
音乐: Some Beach - Blake Shelton



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## **TOE HEEL STEP ON LEFT AND RIGHT, SIDE, BEHIND, CHASSE LEFT**

1&2      Left toe to right instep, left heel to right instep, step left in place  
3&4      Right toe to left instep, right heel to left instep, step right in place  
5-6      Step left to side, right behind  
7&8      Step left to side, close right to left, step left to side

## **TOE HEEL STEP ON RIGHT AND LEFT, SIDE BEHIND, SHUFFLE RIGHT TURNING ¼ RIGHT**

1&2      Right toe to left instep, right heel to left instep, step right in place  
3&4      Left toe to right instep, left heel to right instep, step left in place  
5-6      Right to side, left behind  
7&8      Step right ¼ right, close left to right, step right forward

## **SWEEP CROSS, BACK AND LEFT LOCK BACK, ROCK, ROCK, ¾ TURN LEFT**

1-2      Sweep left round and cross over right, step back right  
3&4      Step back left, lock right over left, step back left  
5-6      Rock back on right, rock forward left  
7&8      Step forward right, pivot ½ turn on left, ¼ turn left step right to side

## **ROCK AND RECOVER, ¼ TURNING SAILOR STEP, KICK BALL STEP, BALL STEP, STEP FORWARD**

1-2      Rock to side on left, recover on right  
3&4      Step left behind right, step on right turning ¼ right, step left forward  
5&6      Kick right forward, step right ball of foot beside left, step left ball of foot in place  
&7-8      Step right ball of foot beside left, step left in place, step right forward

**REPEAT**

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