

Life's A Beach

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Graham Gee (UK)
音乐: Some Beach - Blake Shelton



TOE HEEL STEP ON LEFT AND RIGHT, SIDE, BEHIND, CHASSE LEFT

1&2 Left toe to right instep, left heel to right instep, step left in place
3&4 Right toe to left instep, right heel to left instep, step right in place
5-6 Step left to side, right behind
7&8 Step left to side, close right to left, step left to side

TOE HEEL STEP ON RIGHT AND LEFT, SIDE BEHIND, SHUFFLE RIGHT TURNING ¼ RIGHT

1&2 Right toe to left instep, right heel to left instep, step right in place
3&4 Left toe to right instep, left heel to right instep, step left in place
5-6 Right to side, left behind
7&8 Step right ¼ right, close left to right, step right forward

SWEEP CROSS, BACK AND LEFT LOCK BACK, ROCK, ROCK, ¾ TURN LEFT

1-2 Sweep left round and cross over right, step back right
3&4 Step back left, lock right over left, step back left
5-6 Rock back on right, rock forward left
7&8 Step forward right, pivot ½ turn on left, ¼ turn left step right to side

ROCK AND RECOVER, ¼ TURNING SAILOR STEP, KICK BALL STEP, BALL STEP, STEP FORWARD

1-2 Rock to side on left, recover on right
3&4 Step left behind right, step on right turning ¼ right, step left forward
5&6 Kick right forward, step right ball of foot beside left, step left ball of foot in place
&7-8 Step right ball of foot beside left, step left in place, step right forward

REPEAT
