

# Life On Mars

拍数: 64      墙数: 1      级数: Intermediate  
编舞者: Sheridan Gill (UK)  
音乐: Viva Life On Mars - Robbie Williams



## COASTER STEP, KICK BALL CHANGE, RIGHT SHUFFLE, ½ PIVOT RIGHT

1&2      Step back left, step right beside left, step left forward  
3&4      Kick right forward, step right beside left, step onto left in place  
5&6      Step forward right, close left to right, step forward onto right  
7-8      Step forward left, pivot ½ turn right

## FORWARD ROCK, TRIPLE FULL TURN LEFT, FORWARD ROCK, TRIPLE FULL TURN RIGHT

9-10      Rock forward on left, recover onto right  
11&12      Triple full turn left, stepping left, right, left  
13-14      Rock forward onto right, recover onto left  
15&16      Triple full turn right, stepping right, left right

## FORWARD ROCK, BACK SHUFFLE, BACK ROCK, HEEL TAP & HOOK

17-18      Rock forward on left, recover onto right  
19&20      Step back left, close right beside left, step back left  
21-22      Rock back on right, recover onto left  
23-24      Tap right heel forward, hook right under left knee

## FORWARD SHUFFLE, ½ PIVOT RIGHT, MEXICAN HAT DANCE

25&26      Step forward right, close left beside right, step forward right  
27-28      Step forward left, pivot ½ turn to right  
29&30&      Tap left heel forward, step left in place, tap right heel forward, step right in place  
31&32      Tap left heel forward, step left in place, tap right heel forward

## COASTER STEP, KICK BALL CHANGE, LEFT SHUFFLE, ½ PIVOT LEFT

33&34      Step back right, step left beside right, step right forward  
35&36      Kick left forward, step left beside right, step right forward  
37&38      Step forward left, close right to left, step forward left  
39-40      Step forward right, pivot ½ turn left

## FORWARD ROCK, TRIPLE FULL TURN, FORWARD ROCK, TRIPLE FULL TURN

41-42      Rock forward on right, recover onto left  
43&44      Triple full turn right, stepping right, left, right  
45-46      Rock forward on left, recover onto right  
47&48      Triple full turn left, stepping left, right, left

## FORWARD ROCK, BACK SHUFFLE, BACK ROCK, HEEL TAP & HOOK

49-50      Rock forward on right, recover onto left  
51&52      Step back right, close left beside right, step back right  
53-54      Rock back onto left, recover onto right  
55-56      Tap left heel forward, hook left under right knee

## FORWARD SHUFFLE, ½ PIVOT TURN LEFT, MEXICAN HAT DANCE

57&58      Step forward left, close right beside left, step forward left  
59-60      Step forward right, pivot ½ turn to left  
61&62&      Tap right heel forward, step right in place, tap left heel forward, step left in place

63&64

Tap right heel forward, step right in place, tap left heel forward

**REPEAT**

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