

Life Of The Party

COPPER KNOB
BY STEPHEN BRETZ

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Michael Vera-Lobos (AUS)
音乐: The Life of the Party - Neal McCoy



ANGLE ROCK FORWARD, CENTER, ROCK BACK, CENTER, ANGLE ROCK FORWARD, CENTER, ½ TRIPLE

- 1-2-3-4 Rock forward on right turning body slightly left, rock back on left, rock back on right turning slightly right, rock forward on left
- 5-6-7&8 Rock forward on right turning body slightly left, rock back on left, turning ½ right triple step stepping right-left-right (½ turn shuffle optional)

ANGLE ROCK FORWARD, CENTER, ROCK BACK, CENTER, ANGLE ROCK FORWARD, CENTER, ½ TRIPLE

- 1-2-3-4 Rock forward on left turning body slightly right, rock back on right, rock back on left turning slightly left, rock forward on right
- 5-6-7&8 Rock forward on left turning body slightly right, rock back on right, turning ½ left triple step stepping left-right-left (½ turn shuffle optional)

STEP FORWARD, ¼ PIVOT, CROSS SAMBA, CROSS SAMBA, ¾ SHUFFLE RIGHT

- 1-2-3&4 Step forward right, pivot ¼ turn left, samba - cross right over left, rock left to left, replace weight on right
- 5&6 Left samba - cross left over right, rock right to right, replace weight center on left
- 7&8 Turning ¾ turn - step forward right, step forward left turning ½ turn right, step back on right turning ¼ turn right

ROCK FORWARD/CENTER, TOGETHER, ¼, ROCK CENTER, TOUCH BACK, ½ TURN, STEP BACK, ¼ CROSS

- 1-2&3-4 Rock forward left, rock back on right, step ball of left beside right turning ¼ turn left (&), rock forward right, rock back on left
- 5-6-7&8 Touch right toe back, pivot ½ turn right (end weight left), step back on right, step back on left turning ¼ turn left cross right over left

STEP SIDE, TAP, FULL TURN RIGHT, STEP FORWARD, ¼ PIVOT, STEP FORWARD, ¼ PIVOT

- 1-2-3&4 Step left to left, slide right towards left with a tap, turn full turn right stepping right-left-right
- 5-6-7-8 Step forward left, pivot ¼ turn right, step forward left, pivot ¼ turn right

CROSS SHUFFLE, STEP, SIDE/TAP, ¼, ½, COASTER CROSS

- 1&2-3-4 Cross shuffle left over right stepping left-right-left, step right to right, tap left beside right
- 5-6-7&8 Step left to left turning ¼ turn left, step forward on right turning ½ turn left (end weight right), coaster cross - step back on left, step right beside left, cross left over right

STEP SIDE/TAP, FULL TURN LEFT, ROCK BACK/FORWARD, SHUFFLE FORWARD

- 1-2-3&4 Step right to right, tap left beside right, turn full turn left traveling left stepping left-right-left
- 5-6-7&8 Rock back on right, rock forward on left, shuffle forward right-left-right

STEP FORWARD, ¼ PIVOT, LEFT SAILOR, RIGHT SAILOR, TOUCH BEHIND FULL TURN

- 1-2-3&4 Step forward left, pivot ¼ turn right (end weight right), left sailor - cross left behind right, step right to right, rock weight center on left
- 5&6 Right sailor - cross right behind left, rock left to left, rock weight center on right
- 7-8 Cross left toe behind right, unwind full turn left (end weight on left)

REPEAT

TAG

Occurs at end of walls 1 & 2. At the end of wall 1 repeat tag twice, end of wall 2, complete tag once

1-2-3-4 Step right to right, step left beside right, step back on right, step left to left turning $\frac{1}{4}$ turn left

5-6-7-8 Step forward right, pivot $\frac{1}{2}$ turn left, step forward right, pivot $\frac{1}{4}$ turn left
