

# Life Is A Highway

**COPPER** **KNOB**  
STEPSHEETS

拍数: 64      墙数: 0      级数:  
编舞者: DJ Dan (NL) & Wynette Miller (NL)  
音乐: Life's Highway - Catherine Britt



**Position: Facing LOD, Right Side-By-Side**

## **LEFT MAMBO FORWARD; RIGHT MAMBO BACK**

1-4            Rock left forward, recover weight onto right, step left next to right, hold  
5-8            Rock right back, recover weight onto left, step right next to left, hold

## **RUMBA BOX**

1-4            Step left to left side, step right next to left, step left forward, hold  
5-8            Step right to right side, step left next to right, step right back, hold

## **LOCK STEPS BACK LEFT & RIGHT**

1-4            Step left back, lock right over left, step left back, hold  
5-8            Step right back, lock left over right, step right back, hold

## **LEFT COASTER STEP; RIGHT SHUFFLE FORWARD**

1-4            Step left back, step right next to left, step left forward, hold  
5-8            Step right forward, step left together, step right forward, hold

## **STEP-¼ TURN-CROSS, CHASSE RIGHT**

1-4            Step left forward, pivot ¼ turn right, cross left over right, hold

## **Facing OLOD, Indian Position**

5-8            Step right to right side, step left next to right, step right to right side, hold

## **BEHIND-SIDE-CROSS; SIDE-TOGETHER-BACK**

1-4            Cross left behind right, step right to right side, cross left over right, hold  
5-8            Step right to right side, step left next to right, step right back, hold

## **CHASSE WITH ¼ TURN; RIGHT LOCK STEP FORWARD**

1-4            Step left to left side, step right next to left, step left ¼ turn left, hold,

## **Facing LOD, Right Side-By-Side**

5-8            Step right forward, lock left behind right, step right forward, hold

## **LEFT LOCK STEP FORWARD; RIGHT LOCK STEP FORWARD**

1-4            Step left forward, lock right behind left, step left forward, hold  
5-8            Step right forward, lock left behind right, step right forward, hold

**REPEAT**

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