

# Life Goes On

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Double D (UK)  
音乐: Life Goes On - LeAnn Rimes



## RIGHT TOGETHER, RIGHT CHASSE, MAMBO CROSS ROCK TWICE

1-2      Step right to right side, step left beside right  
3&4      Step right to right side close left beside right step right to right side  
5&      Cross rock left over right recover weight right  
6&      Rock out left to left side recover weight right  
7&      Cross rock left over right, recover weight right  
8      Rock out left to left side, recover weight right

## CROSS UNWIND $\frac{3}{4}$ , LEFT SHUFFLE, ROCK FORWARD AND BACK, STEP BACK TOUCH

1-2      Cross right over left, unwind  $\frac{3}{4}$  turn over left shoulder on balls of feet weight ends on right foot  
3&4      Step forward on left foot close right foot behind step forward on left foot  
5&6      Rock forward on right foot recover weight left, step right together  
7-8      Step back on left foot cross right foot in front of left

## RIGHT SHUFFLE ROCK $\frac{1}{4}$ TURN CROSS HOLD AND CROSS STEP $\frac{1}{4}$ TURN LEFT COASTER STEP

1&2      Step forward on right foot close left behind right step forward on right foot  
3&4      Rock forward on left foot recover weight left making a quarter right cross left over right  
&5      Step right to right cross left over right  
6      Step right to right making  $\frac{1}{4}$  turn left  
7&8      Step back left step back right step forward left

## ROCK $\frac{1}{4}$ TURN RIGHT ROCK $\frac{1}{4}$ TURN LEFT RIGHT LOCK LEFT LOCK

1&2      Rock forward right recover weight left step right to right making  $\frac{1}{4}$  turn right  
3&4      Rock forward left recover weight right step left to left making  $\frac{1}{4}$  turn left  
5-6&      Step forward diagonally right close left behind right step forward diagonally right  
7-8&      Step forward diagonally left close right behind left step forward diagonally left

## REPEAT

## RESTART

On the 3rd sequence of the dance, dance to end of section 2 (step back left cross right in front) and restart dance.