

Liberty Belles

拍数: 32 墙数: 4 级数:
编舞者: Dave Fife (UK) & Kath Fife (UK)
音乐: Doodah - Cartoons



ROGER RABBITS, STOMP HOLD, STOMP HOLD

&1 Scoot back on left, step right behind left
&2 Scoot back on right, step left behind right
&3 Scoot back on left, step right behind left
&4 Scoot back on right, step left behind right
5-6 Stomp right foot forward, hold 1 beat
&7-8 Step left foot next to right (&) stomp right foot forward (7) hold 1 beat

LEFT SAILOR STEP, RIGHT SAILOR STEP, LEFT KICK BALL CHANGE, STEP ¼ TURN

1&2 Cross left behind right, step right to right side, step left in place
3&4 Cross right behind left, step left to left side, step right in place
5&6 Kick left foot forward, step down on ball of left foot, change weight on to right
7-8 Step left foot forward, pivot ¼ turn right

CROSS STEP, ¼ TURN, & TRIPLE ½ TURN LEFT, RIGHT & LEFT SHUFFLES BACK

1 Cross left foot over right (with weight on left)
2 Step right to side turning ¼ turn left
3&4 Turning over left shoulder make ½ turn left stepping on left right left
5&6 Right shuffle back
7&8 Left shuffle back

SYNCOPATED HEEL & TOE WITH ¼ TURN LEFT, & ½ MONTEREY TURN RIGHT

1&2 Touch right heel forward, step right in place, touch left toe back
&3 Step left foot in place making a ¼ turn left, touch right toe next to left foot
&4& Step right foot next to left, touch left heel forward, step left foot in place
5-6 Touch right foot to right side, with weight on ball of left foot pivot ½ turn over right shoulder stepping right next to left, (placing weight on right)
7-8 Touch left to left side, step left next to right

REPEAT

To make life easier Roger Rabbit Steps can be replaced by just walking back on right-left-right-left, or for a change you can substitute them with Mashed Potato Steps

When dancing to the Doo Dah track start dance after 24 beats just before they sing All The Doo Dah Day, approximately 17 seconds into the song.