

拍数: 32 墙数: 2 级数: Intermediate

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音乐: Better the Devil You Know - Steps



RIGHT KICK-BALL-CHANGE TWICE, WALK RIGHT, LEFT, PARTIAL HEEL JACK

1&2	Right kick forward, right step ball of foot next to left, left step in place
3&4	Right kick forward, right step ball of foot next to left, left step in place

5-6 Step right forward, step left forward

7&8 Right toe tap next to left, right step slightly back, left heel tap forward

Styling option: on counts 1&2 and 3&4, extend arms in front of you with palms facing out (as if indicating "stop") on the kick, then lower them to waist level on the ball-change

& TOUCH, PIVOT ¼ LEFT WITH RIGHT SIDE POINT, RIGHT CROSS, LEFT SIDE POINT, TOUCH HOME, PIVOT ¼ LEFT, SYNCOPATED KNEE KNOCKS

&1-2 Left step home, right touch next to left, pivot ¼ left on ball of left foot, pointing right toe side

right

3-4 Right step across left, left toe point side left

5-6 Left touch next to right, pivot ¼ left on balls of feet

&7&8 Bend knees out, bend knees in, bend knees out, bend knees in finishing with weight on left

RIGHT SIDE, BEHIND & LEFT KNEE ROLL, LEFT SIDE, BEHIND & RIGHT KNEE ROLL

1-2 Right step side right, left step behind right

&3-4 Right step side right, left touch next to right turning left knee in, hold position/turn left knee out

keeping weight on right

5-6 Left step side left, right step behind left

&7-8 Left step side left, right touch next to left turning right knee in, hold position/turn right knee out

keeping weight on left

RIGHT ANGLED TOUCH FORWARD WITH HIP BUMPS, LEFT ANGLED TOUCH FORWARD WITH HIP BUMPS, WALK FORWARD WITH KNEE ROLLS (RIGHT, LEFT, RIGHT, LEFT)

&1&2 Hitch right knee, touch right toe diagonally forward right and shake hips right-left-right, ending

with weight on right foot

&3&4 Hitch left knee, touch left toe diagonally forward left and shake hips left-right-left twice, ending

with weight on left foot

Right step forward rolling right knee out, left step forward rolling left knee out
Right step forward rolling right knee out, left step forward rolling left knee out

Styling note: for the proper effect on the last 4 counts, exaggerate the walks by turning the knee in slightly as you lift the foot off the floor and rolling the knee out with hip action

REPEAT