

Letting Go

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Dynamite Dot (UK)
音乐: Letting Go - Suzy Bogguss



JAZZ BOX SWEEP/CROSS SHUFFLE/ROCK ¼ TURN LEFT/SWEEPS BACK

1&2& Left cross right, step right back, left to side, right sweep around to front
3&4 Cross shuffle, right over left traveling left
5&6 Rock left to side, recover on right making ¼ turn left and step left back
7-8 Sweep right back and sweep left back (weight on left)

STEP LOCK STEP/TRIPLE FULL TURN RIGHT/BACK LOCK STEP/TRIPLE ¾ TURN LEFT

1&2 Right step lock step forward
3&4 Triple on the spot full turn to right on left, right, left
5&6 Right step lock step back
7&8 Triple on the spot ¾ turn to left on left, right, left

SIDE ROCK CROSS/ROCK ¼ TURN RIGHT/1 ½ TURN TRIPLE/LEFT SIDE ROCK CROSS

1&2 Rock to right side, recover on left, cross right over left
3&4 Rock to left side, recover on right making ¼ turn right and step left forward
5&6 Traveling slightly forward and to left, make 1 ½ turn on right, left, right

½ turn triple turn if preferred

7&8 Rock to left side, recover on right, cross left over right

ROCK ½ TURN RIGHT/FORWARD ROCK SIDE/SIDE SHUFFLE/HIP SWAYS

1&2 Rock right out to side, recover on left making ½ turn to right and stepping right foot to right side - similar to a hinge turn
3&4 Left rock across right, recover on right, step left to side
5&6 Right side shuffle on right, left, right
7-8 Sway hips to left and right

REPEAT
