# Let's Talk About Me



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Noel Bradey (AUS)

音乐: Let's Talk About Me - Victoria Shaw



This dance is especially for my traveling buddies; Mavis, Lyn, Sandra, Lacy, Gail, Marcia & Judy. They discovered Victoria Shaw as they sang this song from California to Texas & back again

### WALK FORWARD, PIVOT TURN, PIVOT TURN, SAMBA

1-2	Walk forward right, walk forward left
3-4	Step forward right, ½ turn pivot turn left
5-6	Step forward right, ½ turn pivot turn left

7&8 Cross/step right over left, step left to left, replace on right to center

### SAILOR SHUFFLE, SAILOR SHUFFLE, TOUCH BACK, ½ TURN COASTER STEP

1&2	Cross/step left behind right, step right to right, replace left to center
3&4	Cross/step right behind left, step left to left, replace right to center
5-6	Touch left toe behind right, unwind ½ turn left (end weight on left)
7&8	Step back on right, step left beside right, step forward right

### CRADLE ROCKS, & HEEL/TOE TURNS, CRADLE ROCK, & HEEL/TOE TURNS, STEP TOGETHER

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1-2	Rock/step forward on left, replace weight to right
3-4	Rock/step back on left, replace weight to right
&5-6	Turning ¼ turn right hop onto left-right at 45 degrees right, hold
&7-8	Hop on right to center, touch left back at 45 degrees left, hold
1-2	Rock/step forward on left, replace weight to right
3-4	Rock/step back on left, replace weight to right
&5-6	Turning ¼ turn right hop onto left-right at 45 degrees right, hold
&7-8	Hop on right to center, touch left back at 45 degrees left, step left beside right

# STEP SIDE, CROSS BEHIND, SHUFFLE 1/4 TURN, FULL TURN, BALL JACK, TAP

1-2	Step right to right side, cross/step left behind right
3&4	Turning ¼ turn right shuffle forward right-left-right
5-6	Full turn right moving forward & stepping left-right

&7&8 Hop back on left, right 45 degrees forward, hop on right to center, tap left beside right

### STEP SIDE, CROSS BEHIND, SHUFFLE 1/4 TURN, FULL TURN, STOMP RIGHT, STOMP LEFT

1-2	Step left to left side, cross/step right behind left
3&4	Turning ¼ turn left shuffle forward left-right-left
5-6	Full turn left moving forward & stepping right-left
7-8	Stomp right, stomp left (feet ending slightly apart)

# SHUFFLE BACK, TOUCH BACK, HALF TURN, COASTER STEP, ROCK, CROSS SHUFFLE, ROCK, CROSS SHUFFLE, HOP, TAP, HOP, TAP

1&2	Shuffle back right-left-right
3-4	Touch left toe back, on ball of right turn ½ turn left (end weight on right)
5&6	Step back on left, step right beside left, step forward on left
7-8	Rock/step right to right, replace weight to left
1&2	Moving to left cross shuffle right over right-left-right
3-4	Rock/step left to left, replace weight to right
5&6	Moving to right cross shuffle left over left-right-left
&7&8	Hop on right to right, tap left beside right, hop on left to left tap right beside left

# **REPEAT**

### **BRIDGE**

# Occurs after 2nd wall only

1-2 Rock/step right to right side, replace weight to left

3&4 Cross shuffle right over right-left-right

5-6 Rock/step forward on left, replace weight to right7&8 Step back left, step right beside left, step forward left

# TO END DANCE

You will be facing front wall. Do samba step then cross left behind right, step forward on right with hands out at diagonal.