

# Let's Swing

拍数: 32      墙数: 2  
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音乐: One of the Guys - Kellie Pickler

级数: Intermediate west coast swing



## HEEL SLAPS

1-2-3-4      Right heel forward, slap toes down, left heel forward, slap toes down

## SHUFFLE RIGHT, ½ TURN LEFT

5&6      Shuffle to right side (right, left, right)

7-8      ½ turn left stepping on left, step forward on right

## DOUBLE JAZZ BOX WITH SYNCOPATION

9-10&11-12      Cross left over right, step back on right, back on left, cross right over left, step to place on left

## TWIST 2 ¼ TURNS RIGHT, BACK ¼ LEFT

13      Touch right toe back

14      Twist ¼ turn right placing weight on both feet

15      Twist ¼ turn right placing weight on ball of left foot & heel of right at the same time raising the left heel & right toes

16      Twist ¼ turn back left placing weight on both feet

## LEFT WEAVE, ¼ TURN LEFT, PIVOT ½ TURN LEFT, KICK BALL CHANGE

17-18-19-20      Cross right over left, left to left side, right behind left, ¼ turn left stepping forward on left foot

21-22      Step forward on right, ½ turn left transferring weight to left

23&24      Right kick ball change (kick right foot forward, place weight on ball of right foot, transfer weight to left)

## SHUFFLE FORWARD, ¼ TURN RIGHT SHUFFLE, ROCK BACK, RECOVER, ¼ TURN RIGHT, STEP

25&26      Shuffle forward (right, left, right)

27&28      ¼ Turn right shuffling to left (left, right, left)

29-30      Cross rock back rocking right foot behind left, recover on left foot

31-32      ¼ Turn right stepping forward on right, step forward on left

## REPEAT

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