

Let's Hang On

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: William Sevone (UK)
音乐: Let's Hang On - Barry Manilow



2X CROSS ROCK-ROCK-½ TURN STEP FORWARD, CROSS SHUFFLE (12:00)

1-2 Cross rock left foot over right, rock onto right foot
3 Turn ½ left & step forward onto left foot
4-5 Cross rock right foot over left, rock onto left foot
6 Turn ½ right & step forward onto right foot
7&8 Cross step left foot over right, step right foot to right side, cross step left foot over right

2X SIDE STEP-DIAGONAL FORWARD KICK, ¼ RIGHT STEP FORWARD, KICK FORWARD, BACKWARD SHUFFLE (3:00)

9-10 Step right foot to right side, kick left foot diagonally forward right
11-12 Step left foot to left side, kick right foot diagonally forward left
13-14 Turn ¼ right & step forward onto right foot, kick left foot forward
15&16 Step backward onto left foot, close right foot next to left, step backward onto left foot

STEP BACKWARD, BACKWARD TOE TOUCH, STEP FORWARD, KICK 'N' TURN, ¼ LEFT STEP FORWARD, FORWARD SHUFFLE (9:00)

17-18 Step backward onto right foot, touch left toe backward
19 Step forward onto left foot
20 Starting to turn to left - kick right foot forward/sideward
21 Continuing turn to face 12:00 - swing right foot across front of left, leg
22 Turning a further ¼ left - step forward onto right foot
23&24 Step forward onto left foot, close right foot next to left, step forward onto left foot

STEP FORWARD, KICK 'N' TURN, ¼ RIGHT STEP FORWARD, FORWARD SHUFFLE, STEP FORWARD, PIVOT ½ RIGHT (6:00)

25 Step forward onto right foot
26 Starting to turn right - kick left foot forward/sideward
27 Continuing turn to face 12:00 - swing left foot across front of right leg
28 Turning a further ¼ right - step forward onto left foot
29&30 Step forward onto right foot, close left foot next to right, step forward onto right foot
31-32 Step forward onto left foot, pivot ½ right (weight on right foot)

REPEAT

DANCE FINISH

The dance will finish on count 12 of the 12th wall (facing 6:00). To finish dance facing the 'home' wall do the following after count 32 of the 11th wall -

1-2 Cross step left foot over right, unwind ½ right with (optional) left hand on hat brim and right hand behind back