

Let's Go Out And Dance

COPPER KNOB
BY STEPHENETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Jan van den Bos (NL) & Connie van den Bos (NL)
音乐: Kylie (Original Radio Edit) - Akcent



MAMBO FORWARD & BACK & SIDE & CROSS, SIDE MAMBO CROSS, ¼ TURN LEFT, ¼ TURN LEFT

1&2& Right foot step forward, recover on left foot, right foot step back, recover on left foot
3&4 Right foot step to right side, recover on left foot, right foot cross over left foot
5&6 Left foot step to left side, recover on right foot, left foot cross over right foot
7-8 Right foot step to right side with ¼ turn left, turn ¼ left and step left foot to left side (6:00)

HEEL SWITCHES, STEP-LOCK-STEP, ROCKING TURN (¼ LEFT), STEP, PIVOT TURN (½ LEFT)

1&2& Right heel touch forward, right foot step in place, left heel touch forward, left foot step in place
3&4 Right foot step forward, left foot lock behind right foot, right foot step forward
5&6 Left foot step forward, recover on right foot, turn ¼ left and left foot step to left side
7-8 Right foot step forward, turn ½ left and transfer weight to left foot (9:00)

TOE SWITCHES, HITCH TURN (¼ LEFT), POINT, TWIST TURN (¼ RIGHT), BACK ROCK

1&2& Right toe point to right side, right foot step in place, left toe point to left side, left foot step in place
3&4 Right toe point to right side, turn ¼ left and hitch right knee, right toe point to right side
5&6 Turn ¼ right on left foot, turn ¼ left on left foot, turn ¼ right on left foot
7-8 Right foot step back, recover on left foot (9:00)

STEP-LOCK-STEP, ½ TURN STEP-LOCK-STEP, ¼ TURN STEP-LOCK-STEP, ½ TURN STEP-LOCK-STEP

1&2 Right foot step forward, left foot lock behind right foot, right foot step forward
3&4 Turn ½ left, left foot step forward, right foot lock behind left foot, left foot step forward
5&6 Turn ¼ right, right foot step forward, left foot lock behind right foot, right foot step forward
7&8 Turn ½ left, left foot step forward, right foot lock behind left foot, left foot step forward (12:00)

TAP, KICK, SAILOR STEP, TAP, KICK, SAILOR STEP ¼ TURN LEFT

1-2 Right toe tap beside left foot, right foot kick diagonal right
3&4 Cross right foot behind left foot, step left foot to left side, step right foot in place
5-6 Left toe tap beside right foot, left foot kick diagonal left
7&8 Turn ¼ left, cross left foot behind right foot, step right foot to right side, step left foot forward (9:00)

MAMBO FORWARD, MAMBO BACK, MAMBO FORWARD, ½ TURN (RIGHT), ½ TURN (LEFT)

1&2 Right foot step forward, recover on left foot, right foot step backwards
3&4 Left foot step backwards, recover on right foot, left foot step forward
Restart here in 7th wall after instrumental part
5&6 Right foot step forward, recover on left foot, right foot step backwards
7-8 Turn ½ right (weight to right foot), turn ½ left (weight to left foot) (9:00)

REPEAT

TAG

Added at the end of 3rd wall after instrumental part

ROCK FORWARD, ROCK BACK

1-2 Right foot rock forward, recover on left foot
3-4 Right foot rock backwards, recover on left foot

