

Let's Get It On

拍数: 64 墙数: 4 级数: Improver
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音乐: Let's Get It On - Shannon Lawson



BUMP HIPS FORWARD, LEFT SHUFFLE FORWARD

1-2 Rock right diagonally forward (bumping hips), rock back on left (bumping hips)
3-4 Rock right diagonally forward (bumping hips), hold
5-6 Step forward on left, step right beside left
7-8 Step forward on left, hold, (travel slightly forward on counts 1-8)

BUMP HIPS FORWARD, ROCK RECOVER ¼ TURN LEFT

1-2 Rock right diagonally forward (bumping hips), rock back on left (bumping hips)
3-4 Rock right diagonally forward (bumping hips), hold, (travel slightly forward on counts 1-3)
5-6 Rock forward on left, step back on right making ¼ turn left
7-8 Left step to side (slightly stepping back), hold (9:00)

VINE QUARTER TURN LEFT, STEP PIVOT HALF TURN LEFT, HOLD

1-4 Cross right over left, step left to side
3-4 Cross right behind left, step left quarter turn left
5-6 Step forward on right, pivot half turn left,
7-8 Step forward on right, hold, (12:00)

STEP HALF TURN RIGHT, RIGHT STEP, LEFT CROSS, ROCK, RECOVER, CROSS

1-2 Step forward on left making ½ turn right, right step to side (stepping slightly back)
3-4 Cross step left over right, hold
5-6 Rock right out to right side, recover weight on left (stepping slightly back)
7-8 Cross right over left, hold (6: 00)

BUMP HIPS, RIGHT SAILOR STEP

1-2 Bump hip to left, bump hips to right
3-4 Bump hip to left, hold
5-6 Cross right behind left, step left to left side
7-8 Step right to right side, hold (6:00)

BUMP HIPS, RIGHT SAILOR STEP WITH ¼ TURN RIGHT

1-2 Bump hip to left, bump hips to right
3-4 Bump hip to left, hold
5-6 Cross right behind left, step left next to right making ¼ turn right
7-8 Step forward on right, hold (9:00)

LEFT MAMBO STEP, BACK LOCK BACK

1-2 Rock forward on left, rock back on right
3-4 Step back on left, hold
5-6 Step back on right, lock left in front of right
7-8 Step back on right, hold, (9:00)

LEFT SIDE ROCK, SLOW SAILOR SHUFFLES

1-2 Left rock to left side, right step in place
3-4 Cross left behind right, right rock out to right side
5-6 Left step in place, cross right behind left

7-8

Left step to left side, hold (9:00)

REPEAT
