

Let's Do It!

拍数: 32 墙数: 0 级数:
编舞者: Maria Louise (UK)
音乐: In These Shoes? - Kirsty MacColl



WALK, WALK, KICK & POINT & KICK & TOUCH, BUMP & BUMP

1-2 Walk forward right, left
3&4 Kick right forward, close right to left, point left toe to left side
&5&6 Close left to right, kick right forward, close right to left, touch left toe forward
7&8 Bump hips left, right, left (weight on left)

STEP, ½ PIVOT LEFT, ½ TURN SHUFFLE, BACK LEFT, RIGHT, LEFT COASTER STEP

1-2 Step forward right, pivot ½ turn over left shoulder
3&4 Continue turning over left shoulder by shuffling back right, left, right
5-6 Walk back left, right
7&8 Left coaster step

CROSS, ROCK, STEP (TWICE), CROSS ¼ TURN RIGHT, SWEEP ½ TURN RIGHT SAILOR STEP (BOTO FOGO STEPS)

1&2 Cross right over left, rock left out to left side, replace weight on to right foot slightly to right side
3&4 Cross left over right, rock right out to right side, replace weight on to left foot slightly to left side
5-6 Cross right over left, step back on to left as you make ¼ turn right
7&8 Sweeping right foot around make ½ turn over right shoulder with a sailor step

Steps 5-8 complete ¾ turn right

STEP, ½ PIVOT RIGHT, LOCKING SHUFFLE, STEP ½ PIVOT LEFT & OUT & IN

1-2 Step forward left, pivot ½ turn right
3&4 Locking shuffle forward left, right, left
5-6 Step forward right, pivot ½ turn left
&7&8 Step right out to right side, step left out to left side, step right back to center, step left back to center (out, out, in, in)

REPEAT
