

Let Loose!

拍数: 64 墙数: 4 级数: Intermediate
编舞者: PJ (UK)
音乐: If You Only Knew - The Mavericks



WEAVE RIGHT, ½ MONTEREY TURN WITH SIDE ROCK, RECOVER

- 1-4 Step right foot to right side, cross left behind right, step right foot to right side, cross left over right
5-6 Touch right foot to right side, make ½ turn left closing right beside left (Monterey turn)
7-8 Rock left foot to left side, recover weight to right foot

WEAVE RIGHT, SIDE TOUCH, ½ TURN, SIDE ROCK, RECOVER

- 9-12 Cross left over right, step right foot to right side, cross left behind right, step right foot to right side
13-14 Touch left toe to left side, leaving left foot where it is make ½ turn left taking weight to left foot
15-16 Rock right foot to right side, recover weight to left foot

STRUTTING JAZZ BOX, WEAVE RIGHT WITH HEEL JACK

- 17-18 Cross right toe over left, drop right heel to floor (taking weight)
19-20 Step back on left toe, drop left heel to floor (taking weight)
21-22 Step right foot to right side, cross left over right
23-24 Step right foot to right side, touch left heel to left diagonal

STEP IN PLACE, JAZZ BOX, WEAVE RIGHT WITH HEEL JACK, HOLD

- 25 Step left foot in place
26-27 Cross right over left, step back on left foot
28-29 Step right foot to right side, cross left over right
30-31 Step right foot to right side, touch left heel to left diagonal
32 Hold

SIDE SHUFFLE, ROCK BACK, RECOVER, ¼ TURN, STEP BACK, ROCK BACK, RECOVER TWICE

- 33&34 Step left foot to left side, close right beside left, step left foot to left side
35-36 Rock back on right foot, recover weight forward to left foot
37-38 Make ¼ turn left stepping back on right foot, step back on left foot
39-40 Rock back on right foot, recover weight forward to left foot
41&42 Step right foot to right side, close left beside right, step right foot to right side
43-44 Rock back on left foot, recover weight forward to right foot
45-46 Make ¼ turn right stepping back on left foot, step back on right foot
47-48 Rock back on left foot, recover weight forward to right foot

¼ TURN, TOUCH, SIDE STEP, TOUCH, STEP, ½ PIVOT, STEP, SCUFF

- 49-50 Make ¼ turn right stepping left foot to left side, touch right beside left
51-52 Step right foot to right side, touch left beside right
53-54 Step forward on left foot, pivot ½ turn right (weight on right)
55-56 Step forward on left foot, scuff right foot forward

WALK BACK, HITCH, COASTER STEP WITH SCUFF

- 57-60 Step back right, left, right, hitch
61-62 Step back on left foot, close right beside left
63-64 Step forward on left foot, scuff right foot forward

REPEAT

