

# Let It Shine

拍数: 48      墙数: 2      级数: Improver  
编舞者: Sue Langridge (UK) & Laurey Pollard (UK)  
音乐: Shine - Take That



Laurey Pollard was age 9 when this dance was created

## KICK & TRIPLE STEP

1-2            Kick right foot forward twice  
3&4           Step in place right, left, right  
5-6           Kick left foot forward twice  
7&8           Step in place left, right, left

## SIDE STEP, CLAP

9-10           Bending knees step right to right side, as you straighten up bring left beside right & clap  
11-12          Repeat above steps  
13-14          Touch left foot to left side stretching left arm out to left side with a finger click, bring left foot & arm back into place  
15-16          Repeat above steps

## SIDE STEP, CLAP

17-18          Bending knees step left to left side, as you straighten up bring right beside left & clap  
19-20          Repeat above steps  
21-22          Touch right foot to right side, stretching right arm out to right side with a finger click  
23-24          Repeat above steps

## KNEE POPS

25-26          Step forward on right foot lifting heel push knee forward for 2 counts  
27-28          Step forward on left foot lifting heel push knee forward for 2 counts  
29-30          Step back on left foot keeping weight on right, push right knee forward for 2 counts  
31-32          Step back on right foot keeping weight on left, push left knee forward for 2 counts

## ROCK STEP WITH ½ SHUFFLE TURN

33-34          Rock forward on right, rock back on left  
35&36          Make a ½ turn to the right stepping right, left, right  
37-38          Rock forward on left, rock back on right  
39&40          Make a ½ turn left stepping left, right, left

## MONTEREY ¼ TURNS

41-42          Touch right to right side, bring right back to place pivoting on left ¼ to right  
45-44          Touch left to left side, bring left back in place  
45-46          Touch right to right side, bring right back to place pivoting on left ¼ to right  
47-48          Touch left to left side, bring left back to place

## REPEAT

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