

Let It Go

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jo Ward (UK)
音乐: Don't Stop Movin' - S Club 7



HEEL SWITCHES, STEP TURN, COASTER STEP, BRUSH FORWARD, BACK & TAP

1&2& Touch right heel forward, step right in place, touch left heel forward, step left in place
3-4 Step right forward, pivot ½ left (weight back on right)
5&6 Step left back, close right to left, step left forward
7&8 Brush right forward, brush right back across left, tap right toe across left

STEP BALL CHANGE, CROSS, TOUCH, 4 X ¼ CHUGS LEFT

9&10 Step right down (across left), step ball of left to left side, step right in place
11-12 Cross left over right, touch right toe to right
&13&14 Hitch right turning ¼ left, touch right toe side, hitch right turning ¼ left, touch right toe side
&15&16 Repeat steps &13&14

CROSS, TOUCH, SAILOR STEP, CROSS, UNWIND ¾ RIGHT, KICK BALL CHANGE

17-18 Cross right over left, touch left toe to left
19&20 Step left behind right, step right to right side, step left in place
21-22 Cross right behind left, unwind ¾ right
23&24 Kick left to right diagonal, step ball of left to left, step right in place

CROSS, BACK, FULL TURN LEFT WITH ROCK, SAILOR STEP

25-26 Cross left over right, step right back
27-28 Turn ¼ left stepping forward on left, turn ½ left stepping back on right
29-30 Turn ¼ left rocking onto left, replace right
31&32 Step left behind right, step right to right side, step left in place

REPEAT

TAG

Do the tag after the 4th repetition, and then again after the 8th and 12th. If using the "Jewels & Stone Radio Mix", the tag is after repetitions 4, 8, 11, and 13.

FORWARD SKATES & STEPS

1-2 Skate forward on right, skate forward on left
&3&4 Slide right to left, step left forward, slide right to left, step left forward

RESTART

On the 5th repetition, only dance the first 16 counts of the dance, then start over.