

Let It Be Me

拍数: 32 墙数: 4 级数: Intermediate
编舞者: PJ (UK)
音乐: Let It Be Me - Diamond Jack



STEP BACK, ½ RONDE TURN, CROSS SHUFFLE, SIDE ROCK, RECOVER, SAILOR ¼ TURN

1 Step back on right foot
2-3 Ronde ½ turn left sweeping left foot round, stepping left foot to left side on count 3
4&5 Cross right over left, step left foot to left side, cross right over left
6-7 Rock left foot to left side swaying hips left, rock right foot to right side swaying hips right
8&1 Cross left behind right, make ¼ turn left stepping back on right foot, step forward on left foot

STEP FORWARD, TOUCH, LOCK STEP BACK, ½ TURN / ROCK, RECOVER, LOCK STEP BACK

2-3 Step forward on right foot, touch left behind right (slightly bending right knee)
4&5 Step back on left foot, lock right across left, step back on left foot
6-7 Make ½ turn right rocking forward on to right foot, recover weight back on to left foot
8&1 Step back on right foot, lock left across right, step back on right foot

ROCK BACK, RECOVER, ¾ SHUFFLE TURN RIGHT, ROCK, BACK, RECOVER, SIDE ROCK & CROSS

2-3 Rock back on left foot, recover weight forward on to right foot
4&5 Shuffle ¾ turn right, stepping left right left
6-7 Rock back on right foot, recover weight forward to left foot
8&1 Rock right foot to right side, recover weight to left foot, cross right over left

¼ TURN, STEP BACK, MAMBO ROCK BACK, WALK FORWARD, MAMBO ROCK FORWARD

2-3 Make ¼ turn right stepping back on left foot, step back on right foot
4&5 Rock back on left foot, recover weight forward to right foot, step forward on left foot
6-7 Step forward on right foot, step forward on left foot
8& Rock forward on right foot, recover weight back on to left foot

REPEAT
