

# Let It All Go

拍数: 32      墙数: 4      级数: Improver east coast swing  
编舞者: Jan Brookfield (UK)  
音乐: The Ladder of Love - Rodney Crowell



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## HEEL BALL CROSS, SIDE ROCK, TOE STRUT ACROSS, TOE STRUT QUARTER TURN

1&2      Tap right heel forward, step back on right, step left across in front of right  
3-4      Rock on right to side, rock weight onto left  
5-6      Strut on right toes then heel across in front of left  
7-8      Strut on left toes then heel, making  $\frac{1}{4}$  turn left (facing 9:00)

## ROCK, STEP, HALF TURN SHUFFLE, ROCK, STEP, COASTER

9-10      Rock forward on right, rock back onto left  
11&12      Shuffle on right, left, right making half turn over right shoulder (facing 3:00)  
13-14      Rock forward on left, rock weight back onto right  
15&16      Step back on left, step on right next to left, step forward on left

## STEP, CLAP & STEP, CLAP & BACK, ROCK, HALF TURN SHUFFLE

17-18&      Step right to right side, clap hands once, step quickly on left next to right  
19-20&      Step right to right side, clap hands once, step quickly on left next to right  
21-22      Rock back on right, rock weight forward onto left  
23&24      Shuffle on right, left, right making half over left shoulder (facing 9:00)

## BACK, ROCK, SHUFFLE FORWARD, JAZZ BOX

25-26      Rock back on left, rock forward onto right  
27&28      Shuffle forward on left, right, left  
29-32      Step right across left, step back on left, step right to side, step left next to right

**REPEAT**

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