

# Let It All Go

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Mark Smith (UK) & Lorraine Forth  
音乐: Romeo - Basement Jaxx



## JAZZ JUMPS, HIP SWAYS, SHUFFLE, PIVOT HALF TURN

&1            Jazz jumps out left, right  
2-3-4        Hip sways left, right, left  
5&6         Make quarter turn right, into right shuffle forward  
7-8         Step forward left, pivot half turn right

## FULL TURN, SIDE MAMBOS, KICK BALL CHANGE

1-2            Full turn right stepping left, right  
3&4         Left side mambo rock  
5&6         Right side mambo rock  
7&8         Right kick ball change

## JUMP BACK, TOE POINT, HIP BUMPS, LEG SWING, KICK AND CROSS

&1            Jump back on right foot taking left toe forward to floor raising left heel  
2-3-4        Hold for one count, two left hip bumps forward with attitude  
5&6         Left foot swing inwards towards right knee, out to left side and in place  
7-8         Kick left foot forward cross left over right

## LOCK STEP BACK, CROSS UNWIND HALF, PIVOT HALF RIGHT, QUARTER RIGHT DRAG

1&2            Right lock step back  
3-4            Touch left toe behind right unwind half turn to the left  
5-6            Step forward right pivot half turn to left  
7-8            Step right foot quarter turn to left sliding left to meet right (no weight)

## REPEAT

## TAG

Only to be danced once after first wall

## SIDE ROCKS, PIVOT HALF RIGHT, FULL TURN LEFT

1-2            Rock right to right side, replace weight to left  
&3-4         Step right to left, rock left to left side, replace weight to right  
&5-6         Step left to right, step forward on right, pivot half turn left  
7-8            Full turn left, stepping right left

## SIDE ROCKS, CROSS FULL UNWIND, SLIDE, DRAG, AND POSE!

1-2            Rock right to right side, replace weight to left  
&3-4         Step right to left, rock left to left side, replace weight to right  
5-6            Cross left over right, making full turn to the right  
7-8            Big step left dragging right to left take weight onto left and pose to the music