

Let 'er Rip

拍数: 40 墙数: 2 级数: Intermediate
编舞者: James O. Kellerman (USA)
音乐: Let 'Er Rip - The Chicks



POINT RIGHT & LEFT, TURN ½ LEFT, HOLD, POINT RIGHT & LEFT, HOLD

- 1& Point right toe out to right side, step right foot together
- 2 Point left toe out to left side
- 3-4 Pivot ½ to left on ball of right foot and step left foot together, hold
- 5& Point right toe out to right side, step right foot together
- 6 Point left toe out to left side
- 7-8 Step left foot next to right foot, hold

VINE RIGHT, TOUCH, SHUFFLE LEFT (LEFT-RIGHT-LEFT) TURNING ¼ LEFT

- 1-2 Step right foot to right side, cross-step left foot behind right foot
- 3-4 Step right foot to right side, touch left toe next to right foot
- 5&6 Step left foot to left side, slide right foot next to left foot, step left foot to left turning ¼ to left
- 7-8 Step forward on ball of right foot, pivot ½ to left and shift weight to left foot

BIG STEP FORWARD & TURN ½ LEFT, SHAKE-SHAKE, BIG STEP FORWARD & SWEEP TURN ½ LEFT

- 1-2 Step right foot a large step forward, slide left foot together while turning ½ left
- 3-4 Shake hips twice
- 5 Step left foot a large step forward
- 6-8 Draw a circle on the floor with the right foot as you complete ½ turn left

JAZZ BACK, CROSS, UNWIND ½ RIGHT, KICK RIGHT, HEEL JACK, HOLD

- 1 Cross-step right foot over the left foot
- &2 Step back on left foot, step right foot to right side
- 3-4 Cross left foot over right foot, unwind ½ to right (keep weight on left foot)
- 5 Kick right foot forward
- &6 Step back on right foot and tap left heel forward
- &7-8 Step left foot forward, touch right toe next to left foot, hold

POINT RIGHT, CROSS, POINT LEFT, CROSS, POINT RIGHT, TURN ¼ RIGHT, BODY ROLL & STEP FORWARD

- 1-2 Point right toe out to right side, cross-step right foot over left foot
- 3-4 Point left toe out to left side, cross-step left foot over right foot
- 5-6 Point right toe out to right side, pivot ¼ to right on left foot
- 7-8 Roll hips/body forward to the right foot using 2 counts
- & Step left foot forward

REPEAT
