

# Legs

拍数: 32      墙数: 4      级数: Improver  
编舞者: Stacey Barnett (USA)  
音乐: Legs - Trace Adkins



## FRONT & BACK CHA-CHA BASIC

1-2            Rock forward left, recover right  
3&4           Step back left, step right next to left, step left next to right  
5-6           Rock back right, recover left  
7&8           Step forward right, step left next to right, step right next to left

## STEP HITCHES WITH CLAPS, JUMP, CROSS, UNWIND ½ TURN WITH BODY ROLL

1-2           Step right, hitch left and scoot slightly forward on right and clap hands  
3-4           Step left, hitch right and scoot slightly forward on left and clap hands  
5-6           Jump out left and right, close crossing right over left  
7-8           Unwind ½ turn to the left with a slight body roll

## TRAVELING HIP BUMPS, STEP ½ PIVOT, STEP ¼ PIVOT

1&2           Step forward right, bump hips right, left, right  
3&4           Step forward left, bump hips left, right, left  
5-6           Step forward right, pivot ½ turn left stepping forward left  
7-8           Step forward right, pivot ¼ turn left stepping forward left

## STEP-TOGETHER-STEP-TOGETHER WITH HIP ROLLS

1-2           Angling slightly right, side step right, step together left while rolling hips in a circle to the right  
3-4           Still angling slightly right, side step right, touch left next to right and square off to front while rolling hips in a circle to the right  
5-6           Angling slightly left, side step left, step together right while rolling hips in a circle to the left  
7-8           Still angling slightly left, side step left, touch right next to left and square off to front while rolling hips in a circle to the left

## REPEAT

## RESTART

The restart is on the 8th wall. The music will have just finished an instrumental bridge and the restart will begin when Trace Adkins' vocals come in again with a deep "She's got legs." You will have just finished the jump-cross-unwind and will just begin again with the front and back cha-cha basic