

Left Turns Only

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Knox Rhine (USA)
音乐: Freedom - Ray Hood



KICK-STEP-TOE, ¼ TURN, KICK-STEP-TOE, ¼ TURN, KICK-BALL -CHANGE

- 1 Kick right foot forward
- & Step in place with right foot
- 2 Touch left toe back
- 3 Pivot ¼ turn left on ball of right foot. Weight transfers to left foot
- 4 Kick right foot forward
- & Step in place with right foot
- 5 Touch left toe back
- 6 Pivot ¼ turn left on ball of right foot. Weight transfers to left foot
- 7 Kick right foot forward
- & Step in place with right toe
- 8 Step in place with left foot

CROSS-SIDE-CROSS, PIVOT, POINT, ½ TURN, POINT, ½ TURN, TOUCH BACK

- 9 Step across behind left leg with right foot
- & Step to left side with left foot
- 10 Step in front of left leg with right foot
- 11 Pivot ½ turn left on balls of both feet
- 12 Point left toe to left side
- 13 Pivot ½ turn left on ball of right foot, place left foot next to right foot
- 14 Point right toe to right side
- 15 Pivot ½ turn left on ball of left foot, place right foot next to left foot
- 16 Touch left toe back

STEP, HITCH/TURN, STEP BACK, HITCH/CLAP

- 17 Step forward with left foot
- 18 Hitch-up right knee on pivot ½ turn left on ball of left foot/ clap hands
- 19 Step back with right foot
- 20 Hitch-up left knee

STEP, HITCH/TURN, STEP BACK, HITCH/CLAP

- 21 Step forward with left foot
- 22 Hitch-up right knee on pivot ½ turn left on ball of left foot/ clap hands
- 23 Step back with right foot
- 24 Hitch-up left knee

SHUFFLE LEFT-RIGHT-LEFT, TOUCH, ½ TURN

- 25 Step forward with left foot
- & Place right foot next to left foot
- 26 Step forward with left foot
- 27 Touch right toe forward
- 28 Pivot ½ turn left on ball of left foot

SHUFFLE RIGHT-LEFT-RIGHT, LOCK STEP, ¾ TURN

- 29 Step forward with right foot
- & Step together with left foot

- 30 Step forward with right foot
- 31 Lock/step forward with left foot behind right foot
- 32 Pivot $\frac{3}{4}$ turn left on ball of both feet

REPEAT
