Leave It On



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Dottie Wicks (USA) 音乐: That Girl - Maxi Priest



FORWARD TRAVELING BROADWAY KICKS

1-2	Stepping forward on left kick right leg in front and across left
3-4	Stepping forward on right kick left leg in front and across
5-6	Stepping forward on left kick right leg in front and across left
7-8	Stepping forward on right kick left leg in front and across

KICK/TOUCH BACK/ ½ TURN PIVOT/HEEL HOOK/HEEL FLICK

1-2	Step down on left, kick right leg forward
3	Touch right toe behind right heel
4	Turn ½ turn to the right and while hooking right in front of left shin
5	With weight on left foot, dig right heel to 1:00 position
6	Hook right foot in front of left shin
7	With weight on left foot, dig right heel to 1:00 position
8	With weight on left foot, flick right foot to side right

SIDE SHUFFLES / ROCK STEPS

1&2	Shuffle to the right - right, left, right
3-4	Rock step back on left - recover weight on right
5&6	Shuffle to the left - left, right, left
7-8	Rock step back on right - recover weight on left

CROSS ROCKS/SHUFFLES WITH TURNS

1-2	Cross rock step - right in front of left / rock back on to left
3&4	Shuffle right, left, right while turning ½ turn to right (to the right)
5-6	Cross rock step - left in front of right / rock back on to right
7-8	Shuffle left, right, left while turning ¼ turn to left (to the left)

STEP TURNS/SHUFFLE BACK/COASTER STEP

1-2	Step forward right - pivot turn ½ turn to left (weight on left)
3-4	Step forward right - pivot turn ½ turn to left (weight on left)
5&6	Shuffle moving backwards - right, left, right
7&8	Coaster step - left, right, left

STEP TURNS/HIP ROLLS

1-2	Step forward on right - turn ½ turn to left
3-4	Step forward on right - turn ½ turn to left
5-6	Roll hips to the right

7&8 Bump hips right, left, right (weight ends on right)

REPEAT