

Leather And Lace

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Roz Morgan (USA)
音乐: She Bangs - Ricky Martin



KICK BALL CHANGE, PIVOT TURN, JAZZ BOX WITH ¼ TURN

- 1&2 Kick right foot forward, step in place with right foot, step left foot next to right foot
- 3 Step forward on right foot
- 4 Turn ½ to left stepping on left foot
- 5 Cross right foot over left foot
- 6 Step back on left foot
- 7 Step right foot ¼ turn to right
- 8 Step left foot next to right foot

TOUCH FORWARD, TOUCH SIDE, SAILOR SHUFFLE

- 1 Touch right foot forward
- 2 Touch right foot to right side
- 3&4 Step right foot behind left foot, step left foot to left side, step right foot in place
- 5 Touch left foot forward
- 6 Touch left foot to left side
- 7&8 Step left foot behind right foot, step right foot to right side, step left foot in place

ROCK STEPS, ¾ TURN

- 1 Rock forward on right foot
- 2 Recover on left foot (in place)
- 3 Rock back on right foot
- 4 Recover on left foot (in place)
- 5 Rock forward on right foot
- 6 Recover on left foot (in place)
- 7&8 Shuffle right, left, right as you make ¾ turn to right over right shoulder

HIP BUMPS, SIDE SHUFFLE, ROCK, RECOVER

- 1 Bump hips to left (for styling try moving your shoulders with your hips)
- 2 Bump hips to right (for styling try moving your shoulders with your hips)
- 3 Bump hips to left (for styling try moving your shoulders with your hips)
- 4 Bump hips to right (for styling try moving your shoulders with you hips)
- 5&6 Shuffle left, right, left to left side
- 7-8 Rock right foot across left foot, recover on left foot (in place)

¼ TURN SHUFFLES (3X TO RIGHT), COASTER STEP

- 1&2 Step right foot to right side, bring left foot next to right foot, turn ¼ to right as you step on right foot
- 3&4 Step left foot to left side, bring right foot next to left foot, turn ¼ to right as you step on left foot
- 5&6 Step right foot to right side, bring left foot next to right foot, turn ¼ to right as you step on right foot
- 7&8 Step back with left foot, step right foot next to left foot, step forward on left foot

REPEAT