

# Le Spin!

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Elle-Jay (UK)  
音乐: The Cup of Life - Ricky Martin



## KICK, BALL, TOUCH, TOUCH, TOUCH, TOE, TOE SWITCHES ¼ TURN SAILOR STEP

1&2      Kick forward right, step right beside left, touch left toe to left side  
3&4      Touch left twice next to right, step left in place touching right toe to right side  
5&      Step right beside left, touch left toe to left side  
6&      Step left beside right, touch right to right side  
7&8      Cross right behind left, step left ¼ turn right, step forward right

## ROCK STEP, SCOOT HITCH FULL TURN LEFT, ROCK STEP, SHUFFLE FORWARD

9-10      Rock forward on left, rock back on right  
&11      Scoot back on right ½ turning left, hitching left knee, step left forward  
&12      Scoot forward on left ½ turning left hitching right knee, step right back  
13-14      Rock back on left, rock forward on right  
15&16      Step forward left, close right beside left, step forward left

## HIP BUMPS RIGHT, DIAGONAL SHUFFLE, HIP BUMPS LEFT, DIAGONAL SHUFFLE

17&18      Place ball of right foot forward keep weight on left, bump hips right, left, right  
19&20      Shuffle forward diagonal (1:00) right, left, right,  
21&22      Place ball of left foot forward keep weight on right, bump hips left, right, left  
23&24      Shuffle forward diagonal (11:00) left, right, left

## ROCK STEP, TRIPLE STEP ¾ TURN RIGHT, ROCK STEP, COASTER STEP

25-26      Rock forward on right, rock back on left  
27&28      Triple step right, left, right, making a ¾ turn right  
29-30      Rock forward on left, rock back on right  
31&32      Step back left, step right beside left, step forward left

## ROCK STEP, TRIPLE STEP ½ TURN RIGHT, FULL TURN RIGHT, SHUFFLE FORWARD

33-34      Rock forward on right, rock back on left  
35&36      Triple step right, left, right, making a ½ turn right  
37-38      On ball of right ½ turn right step back left, on ball of left ½ turn right, step forward right  
39&40      Shuffle forward left, right, left

## FOUR ¼ TOUCH TURNS LEFT, ROCK STEPS FORWARD & BACK & ¼ LEFT

41&42&      Touch right forward & pivot ¼ turn left, repeat  
43&44&      Touch right forward & pivot ¼ turn left, repeat  
45&      Rock forward on right, rock back on left  
46&      Rock back on right, rock forward on left  
47-48      Step forward on right, pivot ¼ turn left

**REPEAT**