

# Lay It Down

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: Blanket On The Ground - Magill



## MONTEREY TURN TOUCH OUT IN OUT, BEHIND, SIDE CROSS, SIDE ROCK RECOVER

1-2      Touch right toe to right side, half turn right, stepping right at side of left  
3&4      Touch left toe to left side, touch left at side of right, touch left toe to left side  
5&6      Cross left behind right, step right foot to right side, cross left foot over right  
7-8      Rock right out to right side, recover weight onto left angling body to left

## DIAGONAL WALKS FORWARD, CROSS ROCK RECOVER TWICE WITH ¼ TURN LEFT

1-2      Facing top left hand corner (6:00 wall) walk forward right then left  
3&4      Rock forward, right, recover weight back onto left, step right to right side  
5-6      Facing top right hand corner (6:00 wall) walk forward, left then right  
7&8      Rock forward, onto left, recover weight back onto right, ¼ turn left stepping onto left

## RIGHT SHUFFLE FORWARD, MAMBO FORWARD, LEFT, RIGHT LOCK STEP BACK, MAMBO BACK LEFT

1&2      Step forward, right, close left at side of right, step forward, right  
3&4      Rock forward onto left, recover weight back onto right, step left at side of right  
5&6      Step back right, lock left over right, step back right  
7&8      Rock back onto left, recover weight forward, onto right, step left at side of right

## ¼ PIVOT TURN LEFT, CROSS SHUFFLE, ¼ TURN RIGHT, HEEL STRUTS X3

1-2      Step forward, right, ¼ pivot turn left finishing weight on left  
3&4      Cross right over left, step left to left side, cross right over left  
5&6&      ¼ turn right stepping back right, step left at side of right, touch left heel forward, snap left toe down to floor  
7&8&      Touch right heel forward, snap right toe down to floor, touch left heel forward, snap left toe down to floor

REPEAT

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