

# Latin Heart

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Lisa Ferguson (UK)  
音乐: Here Is My Heart - Lionel Richie



## CROSS RIGHT (SHIMMY, POINT LEFT, CROSS RIGHT (SHIMMY, POINT LEFT, JAZZ BOX

1-2            Cross right over left (bend knees, point left (straighten up)

**As you cross right over left put arms out to sides and shimmy**

3-4            Cross left over right (bend knees, point right (straighten up)

**As you cross left over right put arms out to sides and shimmy**

5-6            Cross right over left, step back on left

7-8            Step back on right, step left beside right

## CAT WALK RIGHT, LEFT, STEP, LOCK, STEP, ROCK, REPLACE, SHUFFLE ½ TURN LEFT

1-2            Step right forward across left, step left forward across right

3&4            Step forward right, cross left behind right, step forward right

5-6            Rock forward on left, replace weight onto right

7&8            Make ½ turn shuffle over left shoulder stepping left, right, left

## FULL TURN, RIGHT STEP, LOCK, STEP, STEP LEFT ¼ PIVOT, CROSS, SIDE, BEHIND

1-2            Make full turn forward over left shoulder stepping left, right

3&4            Step forward right, cross left behind right, step forward right

5-6            Step forward left, ¼ pivot turn right

7&8            Cross left over right, step right to right side, cross left behind

## STEP, SLIDE, STEP, SLIDE, BEHIND, REPLACE, TOE, HEEL, TOE, STEP RIGHT ¼ RIGHT

1-2            Step right to right side, slide left next to right

3              Step left to left side sliding right towards left

&4            Rock right behind left, replace weight onto left

5-6            Touch right toe beside left, touch right heel beside left

7-8            Touch right toe beside left (bend knees, step right ¼ turn right (straighten up)

## ROCK, REPLACE, SHUFFLE ½ TURN LEFT, JAZZ BOX

1-2            Rock forward on left, replace weight onto right

3&4            Make ½ turn shuffle over left shoulder stepping left, right, left

5-6            Cross right over left, step back on left

7-8            Step back on right, step left beside right

## SNAKE ROLLS RIGHT, LEFT, 2 X PADDLE 1/8 TURNS LEFT, 2 X PADDLE ¼ TURNS LEFT

1-2            Roll body to right

3-4            Roll body to left

5&6&          Touch right out make two 1/8 turns left

7&8            Touch right out make two ¼ turns left

**REPEAT**