Latin Express



编舞者: Levi J. Hubbard (USA) 音乐: I've Got You - Marc Anthony



CROSS ROCK-RECOVER, TRIPLE STEP, CROSS ROCK-RECOVER, TRIPLE STEP

1 Cross step (rock) right in front of left foot, while slightly lifting left foot off floor

Lower left foot back to floor (recover)3&4 Triple right stepping (right-left-right)

5 Cross step (rock) left in front of right foot, while slightly lifting right foot off floor

6 Lower right foot back to floor (recover)
7&8 Triple left stepping (left-right-left)

CROSS TOUCH, SIDE TOUCH, SAILOR STEP, CROSS TOUCH, SIDE TOUCH, ¼ SAILOR TURN (LEFT)

9 Cross touch right toe in front of left foot

10 Slide right toe around in a small circle touching out to side

11 Cross step right behind left foot & Step left slightly out to side Step right slightly out to side

13 Cross touch left toe in front of right foot

Slide left toe around in small circle touching out to side
Turning ¼ turn left, cross step left behind right foot

& Step right slightly out to sideStep left slightly out to side

STEP FORWARD, STEP TOGETHER, TRIPLE FORWARD, MAMBO FORWARD, MAMBO BACKWARD

Step right forwardStep left together

19&20 Triple step forward stepping (right-left-right)

21 Step (rock) left slightly forward, while lifting right foot off floor

& Step right back to floorStep left together

23 Step (rock) right slightly backward, while lifting left foot off floor

& Step left back to floorStep right together

HIP BUMPS, ½ TURN (RIGHT), HIP BUMPS, STEP-TOGETHER, SIDE TRIPLE (LEFT)

25 Bump left hip forward & Bring back to center 26 Bump left hip forward & Turn ½ turn left

27 Bump right hip forward
& Bring back to center
28 Bump right hip forward

Step left to sideStep right together

31&32 Triple left stepping (left-right-left)

REPEAT