

Latin Connection

拍数: 24 墙数: 0 级数:
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音乐: Dance - Twister Alley



HITCHHIKE

- 1-2 Point right thumb over right shoulder as if hitchhiking
3-4 Point left thumb over left shoulder as if hitchhiking

WASH THE WINDOW

- 5-6 Rotate open right hand to the right, palm forward about shoulder height in small circles
7-8 Rotate open left hand to the left, palm forward about shoulder height in small circles

Make only one circle with each hand

ROLL THE DOUGH

Rotate closed bands similar to twiddling thumbs or rolling bread dough

- 9-10 Roll hands one over the other twice on right side
11-12 Roll hands one over the other twice in front of body
13-14 Roll hands one over the other twice on left side
15-16 Roll hands one over the other twice in front of body

HIP, HIP, BUN, BUN

- 17 Cross right hand across in front of body to slap left hip
18 Cross left hand across in front of body to slap right hip
19 Bring right hand back across body to slap right bun
20 Bring left hand back across body to slap left bun

HITCHHIKE, JUMP, TURN

- 21-22 Bring both thumbs up to hitchhike over shoulders, twice
23-24 Jump up and turn ¼ turn to the right & clap hands

REPEAT

Sometimes you may wish to add 'clap clap switch':

- 1-2 Clap hands with the two people standing on either side of you, shoulder high
3-4 Clap hands in front of you
5-6 Bend over and clap hands on front of thighs
7-8 Still bent over, cross arms and clap hands right on left and left on right
9-10 Straighten up and clap hands in front of you
11-12 If there is someone in front of you, as they turn slightly, clap your right to their right
13-14 Clap hands in front of your body again
15-16 As they turn slightly the other way, clap your left to their left.
17-18 Clap hands in front of your body again
19 Now, picking both feet up at the same time, jump turning ¼ turn to your right
20 Clap hands in front of body

Then pick up hitch-hike on next count beginning again