

The Last Waltz

拍数: 48 墙数: 4 级数: waltz
编舞者: Lorraine Deering (AUS)
音乐: The Last Waltz - Connie Francis



WALTZ LEFT ACROSS, WALTZ RIGHT ACROSS

1-2-3 Step left across right, step right together, step left together
4-5-6 Step right across left, step left together, step right together

WALTZ FORWARD, WALTZ BACK

1-2-3 Step left forward, step right together, step left together
4-5-6 Step right back, step left together, step right together

FORWARD, ½ TURN, WALTZ BACK

1-2-3 Step left forward, turning ½ turn left step right, step left
4-5-6 Step right back, step left together, step right together

FORWARD, ½ TURN, ¼ TURN LEFT

1-2-3 Step left forward, turning ½ turn left step right, step left
4-5-6 Turning ¼ turn left step right to right side, left-right together

45 DEGREES, LEFT STEP LEFT, LIFT RIGHT (2 BEATS), WALTZ BACK

1-2-3 Step left at 45 degrees left, lift right (2 beats)
4-5-6 Step right back, step left-right together

45 DEGREES, LEFT STEP LEFT, LIFT RIGHT (2 BEATS), WALTZ BACK

1-2-3 Step left at 45 degrees right, lift right (2 beats)
4-5-6 Step right back, step left-right together

LOCK FORWARD LEFT, LOCK FORWARD RIGHT

1-2-3 Step left forward, lock right behind left, step left forward
4-5-6 Step right forward, lock left behind right, step right forward

FORWARD ON LEFT, ROCK BACK RIGHT, BACK ON LEFT, LOCK RIGHT BACK

1-2-3 Step left forward, rock back onto right, step left back
4-5-6 Step right back across left, step left back, step right together

REPEAT

TAG

After the 2nd time through, add the following 6 steps

1-6 Waltz to the left side left-right-left, waltz to the right side right-left-right