

Last Solo

拍数: 0 墙数: 1 级数: Intermediate/Advanced
编舞者: Asko Turkia (FIN)
音乐: Viimeinen Soolo - Janne Komi



Sequence: (Viimeinen Soolo) A B A C B A CC D C, (Don't Wanna Let You Go) B C A C A C D C (A break) CC

PART A

STEP, HOLD, TURN, HOLD, SYNCOPATED ROCK STEP, TURNING STEP, SYNCOPATED ROCK STEP, STEP

- 1-2 Step right foot forward, hold
- 3-4 Full turn to left on right foot and step left foot together, hold
- 5&6 Step right foot forward, recover weight on left foot, step right foot forward turning ¼ right
- 7&8 Step left foot forward, recover weight on right foot, step left foot back

STEP, HOLD, TURN, HOLD, SYNCOPATED ROCK STEP, TURNING STEP, SYNCOPATED ROCK STEP, STEP

- 9-16 Same as 1-8

STEPS, SYNCOPATED ROCK STEP, STEPS, SYNCOPATED ROCK STEPS, ¼ PIVOT TURN

- 17-18 Step right foot forward, step left foot forward
- 18&19 Step right foot forward, recover weight on left foot, step right back
- 20-21 Step left foot back, step right foot back
- 22&23& Step left foot back, recover weight on right foot, step left foot forward, turn ¼ pivot to right

STEPS, SYNCOPATED ROCK STEP, STEPS, SYNCOPATED ROCK STEPS, ¼ PIVOT TURN

- 24-32& Same as 17-23&

MONTEREY TURN ½, SYNCOPATED TOUCHES

- 33-34 Touch right foot to right side, turn ½ pivot to right on left foot and step right foot together left
- 35&36 Hold, touch left toes to left side, touch left toes together right
- 37&38 Hold, touch left toes to left side, touch left toes together right
- 39& Touch left toes to left side, step left foot together right
- 40& Touch right heel forward, touch right foot together left

MONTEREY TURN ½, SYNCOPATED TOUCHES, RUNNING MAN

- 41-42 Touch right foot to right side, turn ½ pivot to right on left foot and step right foot together left
- 43&44 Hold, touch left toes to left side, touch left toes together right
- 45& Touch left toes to left side, step left toes together right
- 46& Touch left heel forward, step left together left
- 47 Slide right foot diagonally forward and slide left foot diagonally back
- & Slide right foot back in place and hitch left knee
- 48 Slide left foot diagonally forward and slide right foot diagonally back
- & Slide left foot back in place and hitch right knee

PART B

SYNCOPATED WEAVE, SYNCOPATED ROCK STEPS

- 1-2& Step right foot to right side, cross left foot behind right, step right foot to right side
- 3&4 Cross left foot over right, step right foot to right side, touch left heel diagonally forward left
- &5& Step left foot to left side, cross right foot over left, step left foot to left side
- 6&7 Step right foot back, recover weight on left, step right foot forward

8&8 Recover weight on left, step right foot back, recover weight on left foot

SYNCOPATED WEAVE, SYNCOPATED ROCK STEPS

9-16& Same as 1-8&

PART C

ROCK STEP, TURNING SHUFFLE, SYNCOPATED ROCK STEPS

1-2 Step right foot forward, recover weight on left foot
3&4 Turn ½ to right and step right foot forward, step left foot together right, step right foot forward
5& Step left foot forward, recover weight on right foot,
6& Step left foot diagonally back, recover weight on right foot
7&8 Step left foot forward, recover weight on right foot, step left foot together right

ROCK STEP, TURNING SHUFFLE, SYNCOPATED ROCK STEP, STEP, RUNNING MAN

9-10 Step right foot forward, recover weight on left foot
11&12 Turn ½ to right and step right foot forward, step left foot together right, step right foot forward
13&14 Step left foot forward, recover weight on right foot, step left foot together right
15 Slide right foot diagonally forward and slide left foot diagonally back
& Slide right foot back in place and hitch left knee
16 Slide left foot diagonally forward and slide right foot diagonally back
& Slide left foot back in place and hitch right knee

ROCK STEP, TURNING SHUFFLE, SYNCOPATED ROCK STEPS

17-24 Same as 1-8

ROCK STEP, TURNING SHUFFLE, STEP, HIP BUMPS, HOLD

25-26 Step right foot forward, recover weight on left foot
27&28 Turn ½ to right and step right foot forward, step left foot together right, step right foot forward
29-30& Step left foot forward, step right foot forward and hip bump to right, hip bump to left
31&32 Hip bump to right, hip bump to left, hip bump to right

PART D (Same as 1-32 of Part A)

STEP, HOLD, TURN, HOLD, SYNCOPATED ROCK STEP, TURNING STEP, SYNCOPATED ROCK STEP, STEP

1-2 Step right foot forward, hold
3-4 Full turn to left on right foot and step left foot together, hold
5&6 Step right foot forward, recover weight on left foot, step right foot forward turning ¼ right
7&8 Step left foot forward, recover weight on right foot, step left foot back

STEP, HOLD, TURN, HOLD, SYNCOPATED ROCK STEP, TURNING STEP, SYNCOPATED ROCK STEP, STEP

9-16 Same as 1-8

STEPS, SYNCOPATED ROCK STEP, STEPS, SYNCOPATED ROCK STEPS, ¼ PIVOT TURN

17-18 Step right foot forward, step left foot forward
18&19 Step right foot forward, recover weight on left foot, step right back
20-21 Step left foot back, step right foot back
22&23& Step left foot back, recover weight on right foot, step left foot forward, turn ¼ pivot to right

STEPS, SYNCOPATED ROCK STEP, STEPS, SYNCOPATED ROCK STEPS, ¼ PIVOT TURN

24-32& Same as 17-23&

The dance will stop after last "Part C" to hip bump to right in the Komi's music.

The "Five's dance" will start when the "strange" voice says: "Don't wanna let you go." There is the break between the fifth and the sixth "Part C". It is about four counts long and you can do four hip bumps to right during the break. The dance will stop after last "Part C" to hip bump to right, just same like the Komi's

"Viimeinen soolo". But anyway, listen to the music and don't sleep!
