

The Last Express

COPPER KNOB
STEPSHEETS

拍数: 72 墙数: 4 级数: Intermediate
编舞者: BM Leong (MY)
音乐: 最後的夜快車 - 黃清元



CROSS ROCK, CROSS SHUFFLE, FULL TURN LEFT TRAVELING RIGHT, TOGETHER

1-2 Cross left over right, recover onto right
3&4 Cross shuffle on left-right-left
5-6 ¼ turn left stepping right back, ¼ turn left stepping left to left side
7-8 ½ turn left stepping right to right side, step left together

CROSS ROCK, CROSS SHUFFLE, FULL TURN RIGHT TRAVELING LEFT, TOUCH

1-2 Cross right over left, recover onto left
3&4 Cross shuffle on right-left-right
5-6 ¼ turn right stepping left back, ¼ turn right stepping right to right side
7-8 ½ turn right stepping left to left side, touch right beside left

CHOO CHOO STEPS

1-2 Rock right diagonally forward, rock back (recover) onto left
3&4 Rock right diagonally forward, rock back onto left, rock forward again onto right (these 4 counts are performed on the same position)
5-6 Rock left diagonally forward, rock back (recover) onto right
7&8 Rock left diagonally forward, rock back onto right, rock forward again onto left. (these 4 counts are performed on the same position)

FORWARD ROCK, BACK SHUFFLE, BACK, DRAG, HIP BUMPS

1-2 Rock right forward, recover onto left
3&4 Back shuffle on right-left-right
5-6 Big step left diagonally back, drag right to left
7-8 Bump hips right, bump hips left

CROSS ROCK, CHASSE RIGHT, CROSS, QUARTER TURN LEFT, COASTER STEPS

1-2 Cross right over left, recover onto left
3&4 Chasse right on right-left-right
5-6 Cross left over right, ¼ turn left stepping right back
7&8 Coaster steps on left-right-left

FORWARD ROCK, COASTER STEPS, ROCKING CHAIR

1-2 Rock right forward, recover onto left
3&4 Coaster steps on right-left-right
5-6 Rock left forward, recover onto right
7-8 Rock left back, recover onto right

CROSS ROCK, CHASSE LEFT, CROSS, QUARTER TURN RIGHT, COASTER STEPS

1-2 Cross left over right, recover onto right
3&4 Chasse left on left-right-left
5-6 Cross right over left, ¼ turn right stepping left back
7&8 Coaster steps on right-left-right

FORWARD ROCK, COASTER STEPS, ROCKING CHAIR

1-2 Rock left forward, recover onto right
3&4 Coaster steps on left-right-left

5-6 Rock right forward, recover onto left
7-8 Rock right back, recover onto left

CROSS, POINT, CROSS, POINT, STEP, QUARTER TURN LEFT, FORWARD MAMBO

1-2 Cross right over left, point left to left side
3-4 Cross left over right, point right to right side
5-6 Step right forward, pivot ¼ turn left
7&8 Forward mambo on right-left-right

REPEAT

RESTART

Restart during wall 2 after 1-36 counts

Restart during wall 5 after 1-20 counts
