# Last Days Of Disco



拍数: 64 增数: 2 级数: Intermediate hustle

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音乐: Last Days of Disco - Alcazar



#### LEFT SMALL STEP BACK, WALK FORWARD (RIGHT, LEFT, RIGHT, LEFT) - REPEAT RIGHT

&1-2-3-4 Small step back on ball of left foot (push off ball of left to start the walks), walk forward right-

left-right-left

&5-6-7-8 Small step back on ball of right foot (push off ball of right to start the walks), walk forward left-

right-left-right

#### MODIFIED SAILOR STEPS - SYNCOPATED VINE

&1-2 Small step back on ball of left foot, step right in place, step left side left &3-4 Small step back on ball of right foot, step left in place, step right side right

5&6& Step left behind right, step right side right, step left over front of right, step right side right

7&8 Step left behind right, step right side right, step left over front of right

#### MODIFIED TURNING SAILOR STEPS

1-2&3 Step right side right, step left behind right, step on right side right, step left side left

4&5 Step right behind left, turn 1/4 left stepping left forward, step right side right

Step left behind right, step right side right, step left side left Step right behind left, turn ¼ left stepping left forward

#### SIDE POINTS SWITCHES WITH SHOULDER MOVES

1&2&3 Point right side right, step right next to left, point left side left, step left next to right, point right

side right

&4 Lift right shoulder & drop left shoulder, lift left shoulder & drop right shoulder

& Step right next to left

5&6&7 Point left side left, step left next to right, point right side right, step right next to left, point left

side left

&8 Lift left shoulder & drop right shoulder, lift right shoulder & drop left shoulder

## CROSS, 1/4 BACK, 1/2 TURN SHUFFLE - 1/4 LEFT, TOGETHER, CROSS, SIDE, BEHIND & SIDE

1-2 Step left in front of right, turn ¼ left stepping back on right foot

Turn ¼ left stepping left side left, step right next to left, turn ¼ left stepping left forward Turn ¼ left and step on ball of right foot side right, step on ball of left next to right

#### You are now on the balls of both feet and have completed a full turn

6-7 Cross step right in front of left, step left side left

8& Step right behind left, small side step on the ball of the left foot

## WALK, WALK, WALK, ROCK, STEP - WALK BACK, BACK, BACK, BALL, TOUCH

1-2-3 Step right forward, step left forward, step right forward

&4 Quick rock slightly forward onto ball of left foot, return weight to right foot in place

5-6-7 Step left foot back, step right foot back, step left foot back &8 Step onto ball of right next to left, touch left to left diagonal

#### CROSS, BACK, BACK, CROSS - BACK, 1/4 TURN RIGHT, ROCK, REPLACE

1-2 Cross step left in front of right, step back on right3-4 Step back on left, step back on right in front of left

5-6 Step back on left, turn 1/4 right stepping right foot side right

7-8 Rock forward onto the left foot, return weight to the right foot in place

# SIDE SHUFFLE (LEFT-RIGHT-LEFT), ROCK, REPLACE - 1/4 SHUFFLE RIGHT, 1/2 TURN, STEP BACK

1&2 Step left side left, step right next to left, step left side left

3-4 Rock forward onto the right foot, replace weight to left foot in place

Turn ¼ right stepping right forward, step left next to right, step right forward (prep for ½ turn

right)

7-8 On the ball of the right foot turn ½ right stepping back on the left foot, step the right foot back

# **REPEAT**