

The Last Cha Cha

拍数: 48 墙数: 4 级数:
编舞者: Ed Lawton (UK)
音乐: The Last Dance - Fredrik Kempe



FORWARD, ROCK STEP, TRIPLE ¼, PADDLE FULL TURN

1-3 Make a ¼ turn left stepping forward on left, step forward on right, rock back on to left
4&5 Step back on right, step back on left making a ¼ turn left, step right over left
6&7 Step left to left making a ¼ turn left, step right up to left, step left to left making a ¼ turn left
8&8&1 Step right up to left, step left to left making a ¼ turn left, step right up to left, step left to left making a ¼ turn left

CROSSING TRIPLE TWICE, ROCK STEP, TRIPLE ½ TURN

2&3 Step right over left, step left forward to left diagonal, step right next to left
4&5 Step left over right, step right forward to right diagonal, step left next to right
6-7 Step forward on right, rock back on left
8&1 Make a ½ turn right on right, left, right

WALK WALK, TRIPLE, ROCK, TRIPLE

2-3 Walk forward on left, right
4&5 Step forward on left, lock right behind left, step forward on left
6-7 Step forward on right, rock back on left
8&1 Step back on right, lock left over right, step back on right

SWEEP STEP TWICE, & TOUCH HITCH, CROSS SHUFFLE

2-3 Sweep left out to left, step back on left
4-5 Sweep right out to right, step back on right
8&6-7 Step left next to right, touch right to right, hitch right
8&1 Step right over left, step left to left, step right over left

SIDE TOGETHER, SHUFFLE, ROCK, SHUFFLE ¼ TURN

2-3 Step left to left, step right next to left
4&5 Step left to left, step right next to left, step left to left
6-7 Cross rock right over left, rock on to left
8&1 Step right to right, step left next to right, make a ¼ right turn stepping forward on right

ROCK, TRIPLE TWICE, COASTER ¼ TURN

2-3 Step forward on left, rock back on right
4&5 Step back on left, lock right over left, step back on left
6&7 Step back on right, lock left over right, step back on right
8& Step back on left, step right next to left

REPEAT
